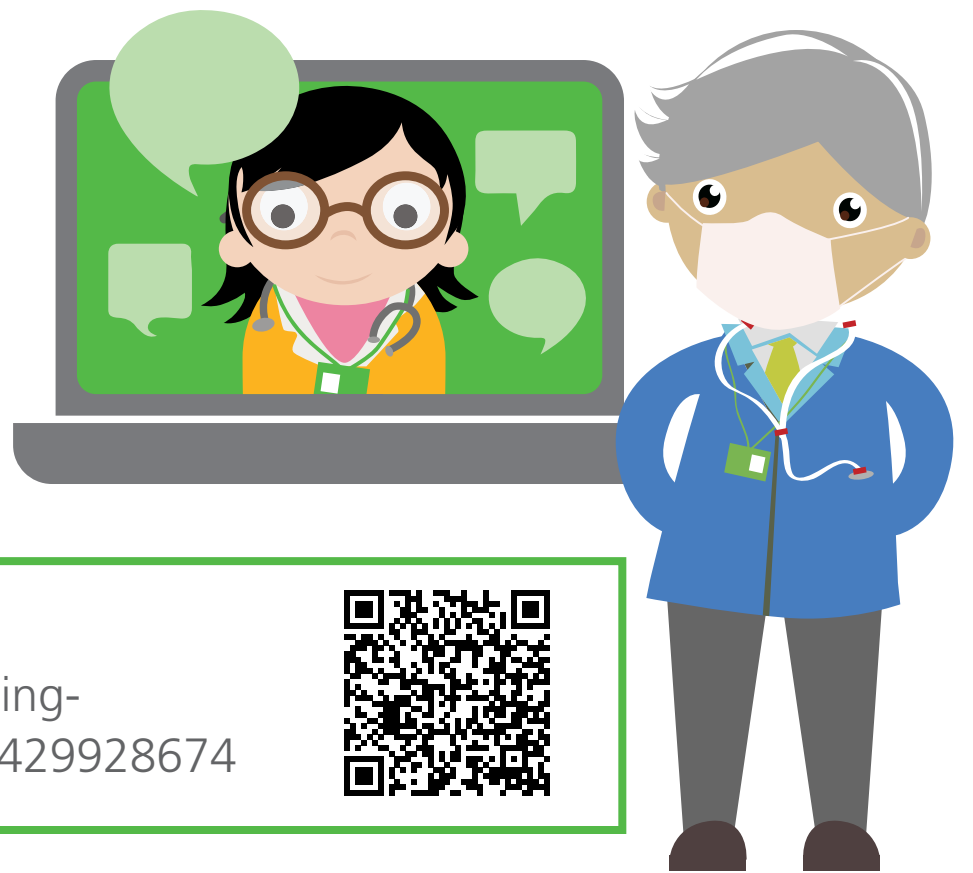


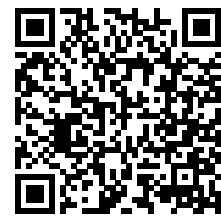
Coaching for Staff and Families

# Virtual Coaching Support



## Eventbrite Anonymous Sign-up:

<https://www.eventbrite.ca/e/virtual-coaching-support-for-staff-and-parents-tickets-102429928674>



## What is Solution-Focused Coaching?

SFC is a helpful, collaborative conversation with a trained Solution Focused Health Care Coach (SFHCC), where the coach enables the clients' strengths and resources. The coach works with the client to help them reflect and reframe in ways that illuminate a meaningful way forward, by emphasizing what they would like instead of the problem.

## Who are the coaches?

Your coach is part of a new program that was implemented last September at Holland Bloorview called the Solution-Focused Health Care Coach (SFHCC). Program participants are undergoing intensive, supervised training.

They have been trained to facilitate solution-focused conversations from and with a health care perspective.

## What to Expect

- sign up via Eventbrite
- 45 min
- phone or video
- completely confidential
- coaching is conducted in English only
- use QR code for signup link or link at top of page

