

Summer 2023

Transitions, Recreation & Life Skills



No boundaries

Holland Bloorview
Kids Rehabilitation Hospital

Covid-19 Disclaimer

Please be advised that due to ongoing challenges with respect to the Covid-19 Pandemic, summer groups are subject to change or cancellation at any time.

- Groups may shift to virtual where appropriate
- Groups may not be offered due to low client demand or limited access to the necessary resources to offer effectively
- Summer 2023 groups/dates tentatively confirmed by March 1st (subject to change)

About our Services

Transitions, Recreation and Life skills (TRLS) programs provide experiential learning opportunities in real world settings to children and youth ages 7-18 (21 if still in high school) with disabilities who are clients of Holland Bloorview.

Our goal is to support the most meaningful and healthy futures for children and youth with disabilities

We now have one point of entry for our clients and families (summer programs and year round services).

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Referral information

If you are interested in receiving our services including all group programs, please [submit a referral form](#).

- Priority will be given to clients that have already completed a new screen and are currently on waitlist for service.
- Attendant care is available in our group programs; we do not provide 1:1 support for medical or behavioural needs. It is the participants' responsibility to arrange to schedule and pay for their own worker.
- Transportation to and from programs is the responsibility of the participants or caregivers.
- A fee will be applied to specific groups to cover associated costs

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Kids Rehabilitation Hospital

Funding

For funding information or applications, please contact our Family Resource Centre

Email: resourcecentre@hollandbloorview.ca

Tel: 1-877-463-0365

Holland Bloorview Family Support Fund (up to age 18)

- offers financial support to Holland Bloorview families during a time of transition or stress
- may provide financial compensation for equipment, medication, recreational activities and respite services

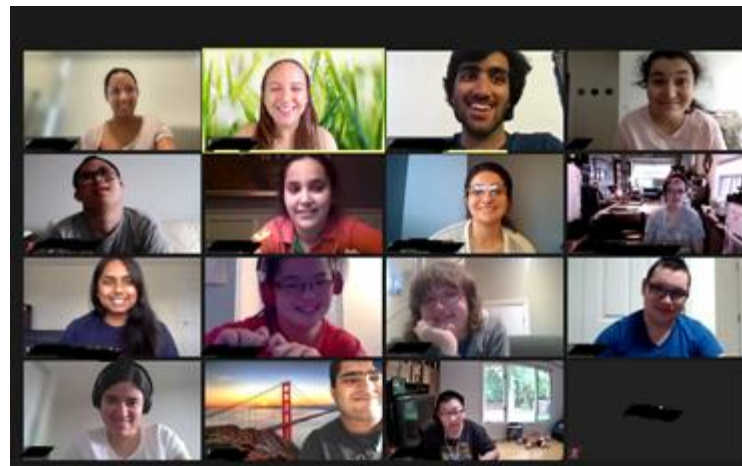
Family Support Fund

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Service Delivery Formats:

- **In-person** – either onsite at the hospital or offsite in the community (as permitted)
- **Hybrid** – a mix of both virtual and in-person services (as permitted)
- **Virtual** – remote participation on-line using Zoom healthcare



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Our clients and our team

Who we serve

- Birth to 18 years (up to 21 if still in high school)
- Outpatients

Who are we

- Therapeutic Recreation Specialists
- Therapeutic Recreation Assistants
- Life Skills Coaches
- Occupational Therapists
- Occupational Therapy Assistant
- Youth Facilitators / Youth Mentors
- Students
- Volunteers
- Clinical Care Assistants
- Community Partners

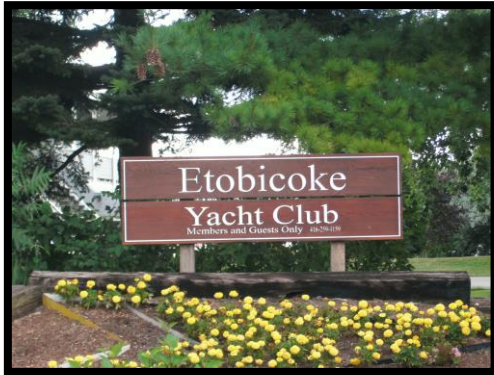
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Across the Province

Clients come from all over Ontario



Community Locations



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Community Programs



Examples of goals:

- meal preparation & cooking
- using money
- getting involved in community activities
- friendship skills
- using public transportation
- preparing for getting a job/volunteering
- preparing for living independently
- accessing adapted recreation equipment
- others

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Health Outcomes



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Fun with Friends



Friendship skills

Ages 7-14

Focused on social skills

Meeting new people

Working together

Having fun!

“Having new experiences”

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Camp Connection

Integrated Camping

Ages 9-14

3 nights

Introduction to overnight camp
&

Popular camp activities

**“Providing youth with
independence”**



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Access Boom Sailing



Adapted Recreation

Ages 7-18

Two sessions (5 days each)

Community Partnership with:
Etobicoke Yacht Club
Ontario Sailing Association

“learn to sail”

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Busy Bodies



Healthy Lifestyles

Ages 7-14

Fun, fitness and healthy meal preparation

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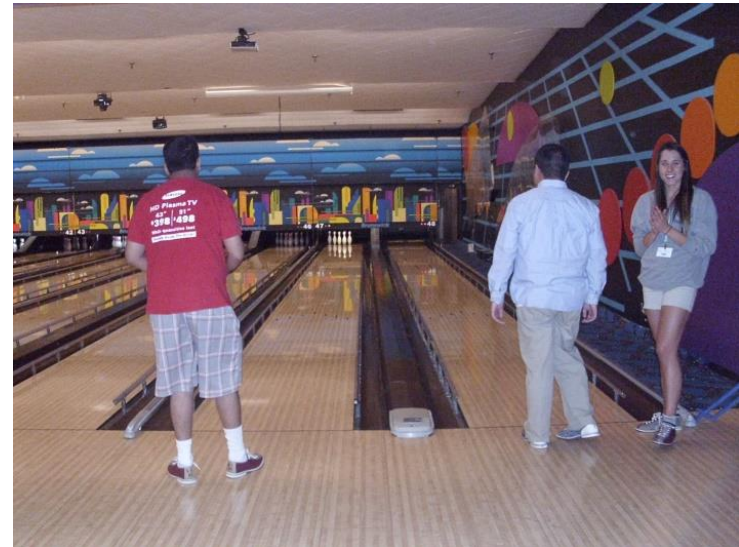
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Life Skills Series

Life Skills Development and Preparation for Transitions

Ages 15-18 (21 is still in highschool)
8 days

Friendships, communication, budgeting
& much more



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The Independence Program

Life Skills Development And Preparation For Transitions

Ages 16-18 (21 if still in highschool)

3 weeks in residence

Making own meals

Navigating in the community

Budgeting



“Success is not final, failure is not fatal; it is the courage to continue that counts.”

~ Winston Churchill

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Virtual Hangouts: Friendship and Belonging groups

THE HIVE (Clients ages 14-21)

THE (Together Helping Each other)

HIVE (Hub for Interactive Virtual Engagement)

Games, Music, Laughter & Conversations

JR. RECC Room (Clients ages 7-14yrs)

REC=Recreation (games, music & more)

C=Conversations (with a small and friendly group!)

Both groups offered weekly – register for 1 month at a time
See website page for more info

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If you have Questions:

[visit our webpage.](#)

Or contact us by email: hkeating@hollandbloorview.ca

Tel: 416-425-6220 ext. 6208



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Thank You!

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