

International Day Against Homophobia, Transphobia and Biphobia (IDAHOBIT)



[Source](#)

The International Day Against Homophobia, Transphobia, and Biphobia has been observed on May 17th since 2004. This date commemorates [May 17th, 1990, when the World Health Organization removed homosexuality from its list of mental disorders.](#)

- Originally called 'International Day Against Homophobia' to reflect the WHO's decision on homosexuality, the name has been expanded to take action against the discrimination faced by all identities.
- It became 'International Day Against Homophobia and Transphobia' in 2009, recognizing the specific experiences of trans people.
- In 2015, it expanded again to become 'International Day Against Homophobia, Transphobia, and Biphobia' to acknowledge the unique issues faced by those who identify as bisexual.

The theme for the International Day Against Homophobia, Transphobia and Biphobia (IDAHOBIT) in 2025 is "[The power of communities.](#)"

How to participate in IDAHOBIT

- By challenging our prejudices, biases and assumptions about queer and trans community.

- By educating one another and promoting a culture of acceptance, understanding, and respect for all sexual orientations and gender identities.
- Acknowledging IDAHOBIT raises awareness of issues and promotes policies that safeguard queer and trans communities' safety and rights.

Resources, Education, and Support

Health

- [The 519](#) : A City of Toronto agency the 519 is committed to the health, happiness and full participation of the 2SLGBTQ+ communities.
- [Rainbow Health Ontario](#): A program of [Sherbourne Health](#), Rainbow Health Ontario creates opportunities for the healthcare system to better serve 2SLGBTQ communities.

Children and Youth

- [pflag Canada](#): A national charitable organization that was founded by parents who needed help learning how to accept and support their 2SLGBTQ+ children.
- [We are allies](#): A program created to help adults learn how to support and care for the youth in their lives.
- [It Gets Better Canada](#): A registered charity aiming to empower and connect 2SLGBTQ+ youth, envisioning a world where they live equally and recognize their worth and power.

Film

- [NFB-S2SLGBTQI+](#): This selection of films features a wide range of stories about identity, family, community, and everyday life, and explores the diversity of 2SLGBTQI+ realities and experiences in Canada and worldwide.
- [Pose](#): (TV series streamed on Hulu, Disney Plus, Netflix) In the New York of the late '80s and early '90s, this is a story of ball culture and the gay and trans subculture in the African-American and Latino communities, the AIDS crisis, and capitalism.

Healthy Team

At Holland Bloorview, we recognize that empowering and elevating diversity is critical to fostering a healthy team. Creating a sense of well-being and belonging for all employees, volunteers, and students is an important part of this work. We're doing this by supporting the formation of employee resource groups (ERGs) or interest groups.



The 2SLGBTQ+ Employee Resource Group

The [2SLGBTQ+ Employee Resource Group's](#) mandate is to provide a safer, inclusive, and welcoming space for members of this community at Holland Bloorview. The ERG will also continuously work to find new sources of support and information, both internally and externally, and will aim to ensure that all Holland Bloorview staff, students, and volunteers have access to these resources – whether as a member of the 2SLGBTQ+ community or as allies. For more information, contact ideaa@hollandbloorview.ca

This resource was developed by the Inclusion, Diversity, Equity, Accessibility and Anti-Racism Office (IDEAA). If you have any comments or would like to suggest a resource, please e-mail ideaa@hollandbloorview.ca

