

Rose and Bayan's recommended booklist 2

Rose Monacelli, OCT

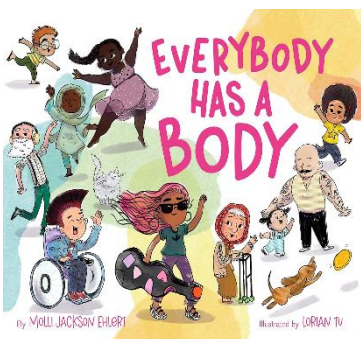
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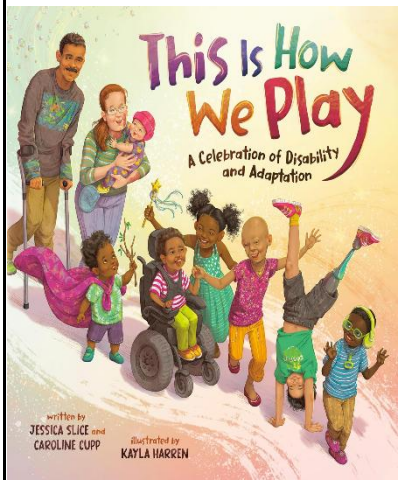
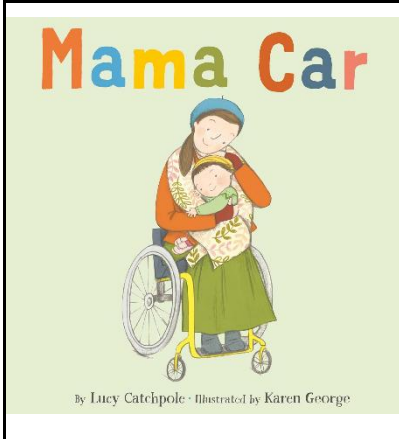
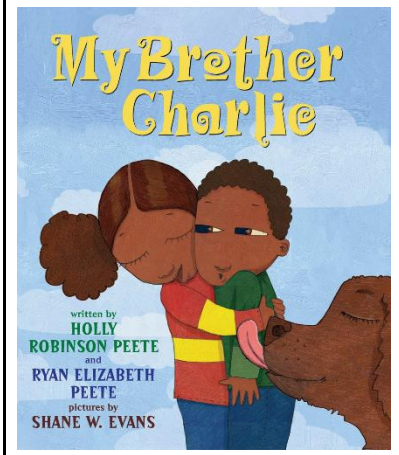
Bayan Yammout, OCT

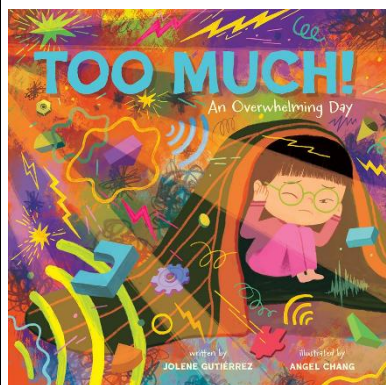
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Welcome to our second children's booklist for parents and educators wanting to share books that celebrate inclusion. We will be adding to it over the coming months. If you would like to share your favourite books, please send us an email at projectinclusion@hollandbloorview.ca

| Children's titles | Publishers' descriptions |
|---|--|
|  | <p><i>Everybody Has a Body by Molli Jackson Ehlert</i></p> <p>Everybody has a body. Whether you're short, tall, fat, thin, hairy, bald, whether you use a wheelchair or have a limb difference, we all rely on our bodies to take us through the world.</p> <p>From hiking a mountain to playing baseball to exploring an aquarium, author Molli Jackson Ehlert and illustrator Lorian Tu show us all the different ways that bodies can look and the things they can do, with representation of all different types of bodies.</p> <p>With a body neutral approach—your body isn't good or bad, it just is—this is an accessible and fun read that's perfect for kids who have questions about the different bodies they encounter every day.</p> |

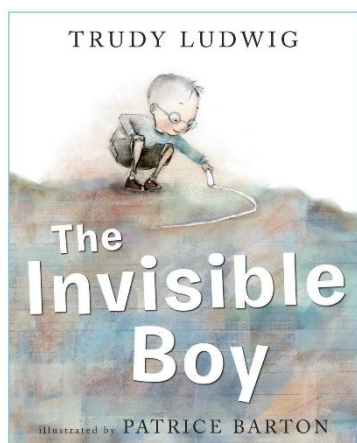
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|---|--|
|  | <p><i>This is How We Play - A Celebration of Disability and Adaptation by Jessica Slice and Caroline Cupp</i></p> <p>A jubilant, inclusive, luminously illustrated picture book that features families at play, each with a family member who has a disability. With love and adaptation, <i>This Is How We Play</i> is a joyful read-aloud with an empowering refrain from disability rights activists Jessica Slice and Caroline Cupp. It demystifies and respects how disabled people and their families use adaptive, imaginative, and considerate play so everyone can join in the fun.</p> <p>Backmatter consists of a kid-friendly guide to thinking, learning, and talking about disability; a glossary of the different disabilities represented throughout the book; and a guide for grown-ups on ways to encourage discussions about disabilities with the children in their lives. Throughout, <i>This Is How We Play</i> centres, affirms, and encourages the disabled children and adults who are already doing the challenging work of advocating for themselves and finding strength in community.</p> |
|  | <p><i>Mama Car by Lucy Catchpole</i></p> <p>I have a tricycle. Daddy has a big car. And Mama has a Mama Car. Mama's wheelchair can take you on adventures, big and small. Even going to the kitchen for breakfast might become an exciting expedition. But the very best part about the Mama Car is... it has Mama! And she's always there when you need her. This sweet story from writer and wheelchair user Lucy Catchpole and illustrator Karen George portrays a mother's wheelchair as a wonderfully normal part of family life.</p> |
|  | <p><i>My Brother Charlie by Holly Robinson Peete and Ryan Elizabeth Peete</i></p> <p>"Charlie has autism. His brain works in a special way. It's harder for him to make friends. Or show his true feelings. Or stay safe." But as his big sister tells us, for everything that Charlie can't do well, there are plenty more things that he's good at. He knows the names of all the American presidents. He knows stuff about airplanes. And he can even play the piano better than anyone he knows. Actress and national autism spokesperson Holly Robinson Peete collaborates with her daughter on this book based on Holly's 10-year-old son, who has autism.</p> |



Too Much! An Overwhelming Day by Jolene Gutiérrez

A reassuring rhyming picture book about sensory overload and what you can do when everything is too much. Sometimes everything is too much! Too loud, too bright, and all too overwhelming.

Writing from her own experience with sensory processing disorder, award-winning teacher-librarian Jolene Gutiérrez's compassionate picture book explores the struggles of a sensorily sensitive child and how they settle themselves.



The Invisible Boy by Trudy Ludwig

Meet Brian, the invisible boy. Nobody ever seems to notice him or think to include him in their group, game, or birthday party... until, that is, a new kid comes to class.

When Justin, the new boy, arrives, Brian is the first to make him feel welcome. And when Brian and Justin team up to work on a class project together, Brian finds a way to shine.

From esteemed author and speaker Trudy Ludwig and acclaimed illustrator Patrice Barton, this gentle story shows how small acts of kindness can help children feel included and allow them to flourish. Any parent, teacher, or counselor looking for material that sensitively addresses the needs of quieter children will find *The Invisible Boy* a valuable and important resource.



The Abilities in Me book series by Gemma Keir

Each book explores the day in the life of a young girl and boy with a disability through bright, colourful illustrations and text. Perfect for teachers, parents, and children alike, this book collection will bring awareness of different conditions and teach children how to be supportive and kind. This collection of books shows how each child can celebrate their abilities within their disability, find acceptance and create awareness to those around them.

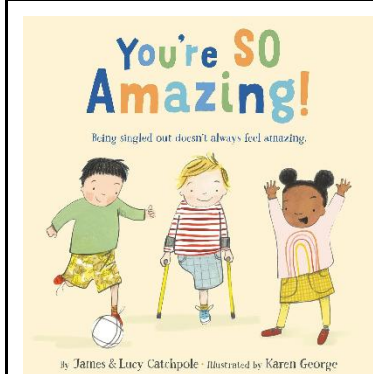
Topics include Autism, ADHD, Tube feeding, Epilepsy, Tracheostomy, Speech delay, Type 1 Diabetes, Down Syndrome, 22q deletion, Congenital heart Defect, Spina Bifida, Hydrocephalus, Juvenile Idiopathic Arthritis.



My Life with... Book Series by Mari Schuh

Kids are naturally curious about differences and disabilities. Each book introduces a child with a disability or a condition, sheds light on their life, and includes tips for kids about interacting with them. Colourful, realistic illustrations and a dyslexic-friendly font promote accessibility.

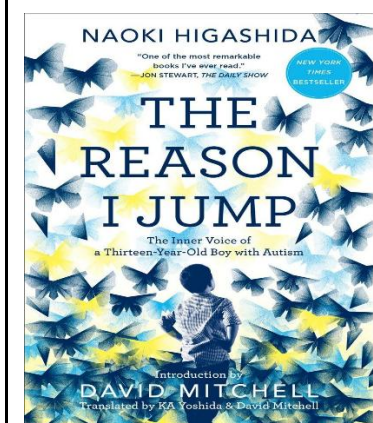
Topics include ADHD, Anxiety, Asthma, Autism, Blindness, Cerebral Palsy, Deafness, Down Syndrome, Dyslexia, Food Allergy.



You're SO Amazing! Being singled out doesn't always feel amazing by James and Lucy Catchpole.

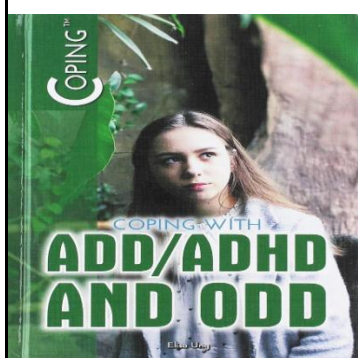
Joe and his friend Simone are practicing their best playground tricks, but everyone keeps saying how amazing Joe is, even when he tries to let Simone be the star. Will he ever get to be just Joe, whether he's amazing or not?

This companion to *What Happened to You?* addresses the assumptions people make about those with disabilities in an accessible, honest, and funny way. Based on James Catchpole's childhood experiences and written with his wife, Lucy, a wheelchair user, *You're SO Amazing!* encourages young readers to think of disability the way disabled people do as normal.



The Reason I Jump - The Inner Voice of a Thirteen-Year-Old Boy with Autism by Naoki Higashida

Naoki Higashida was only a middle-schooler when he began to write *The Reason I Jump*. Autistic and with very low verbal fluency, Naoki used an alphabet grid to painstakingly spell out answers to the questions he imagines others most often wonder about him: Why do you talk so loud? Is it true you hate being touched? Would you like to be normal? The result is an inspiring, attitude-transforming book that will be embraced by anyone interested in understanding fellow human beings, and by parents, caregivers, teachers, and friends of autistic children. Naoki examines issues as diverse and complex as self-harm, perceptions of time and beauty, and the challenges of communication and discredits the belief that autistic people are anti-social loners who lack empathy.



Coping with ADD/ADHD and ODD by Elisa Ung

This insightful book offers straightforward information about ADHD, as well as oppositional defiant disorder (ODD), which affects many people with and without ADHD. Readers will learn about diagnosis procedures, treatment options, and empowering strategies to thrive at home, school, and beyond.