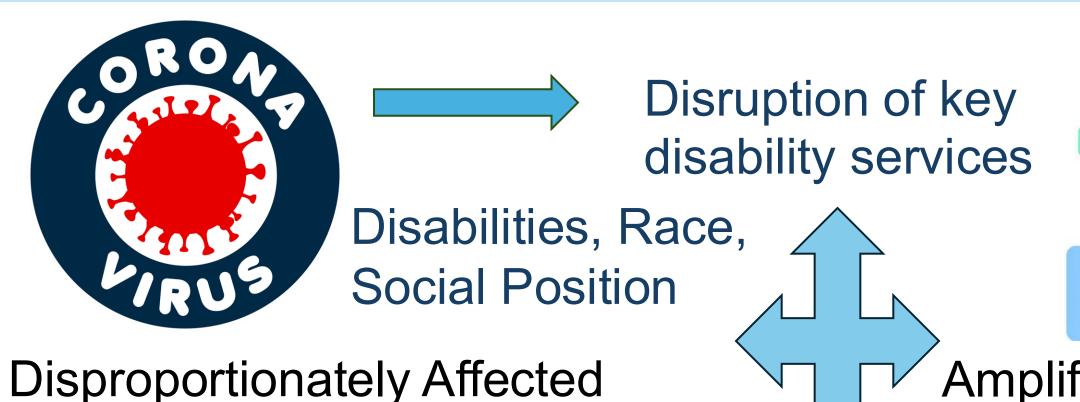
# COVID-19 and Children with Disabilities: Experiences of Racialized and Non-Western Families (RNWF) in **Accessing Disability** Services

Ugbesia S., Nanthakumar S., Lamptey, D.

# Background



Population Racialized and Non -Western Families (RNWF)

**Amplified Barriers** in Accessing Disability Services

### Objective



Explore how public health disruptions uniquely impacted access to disability services for families in racialized communities

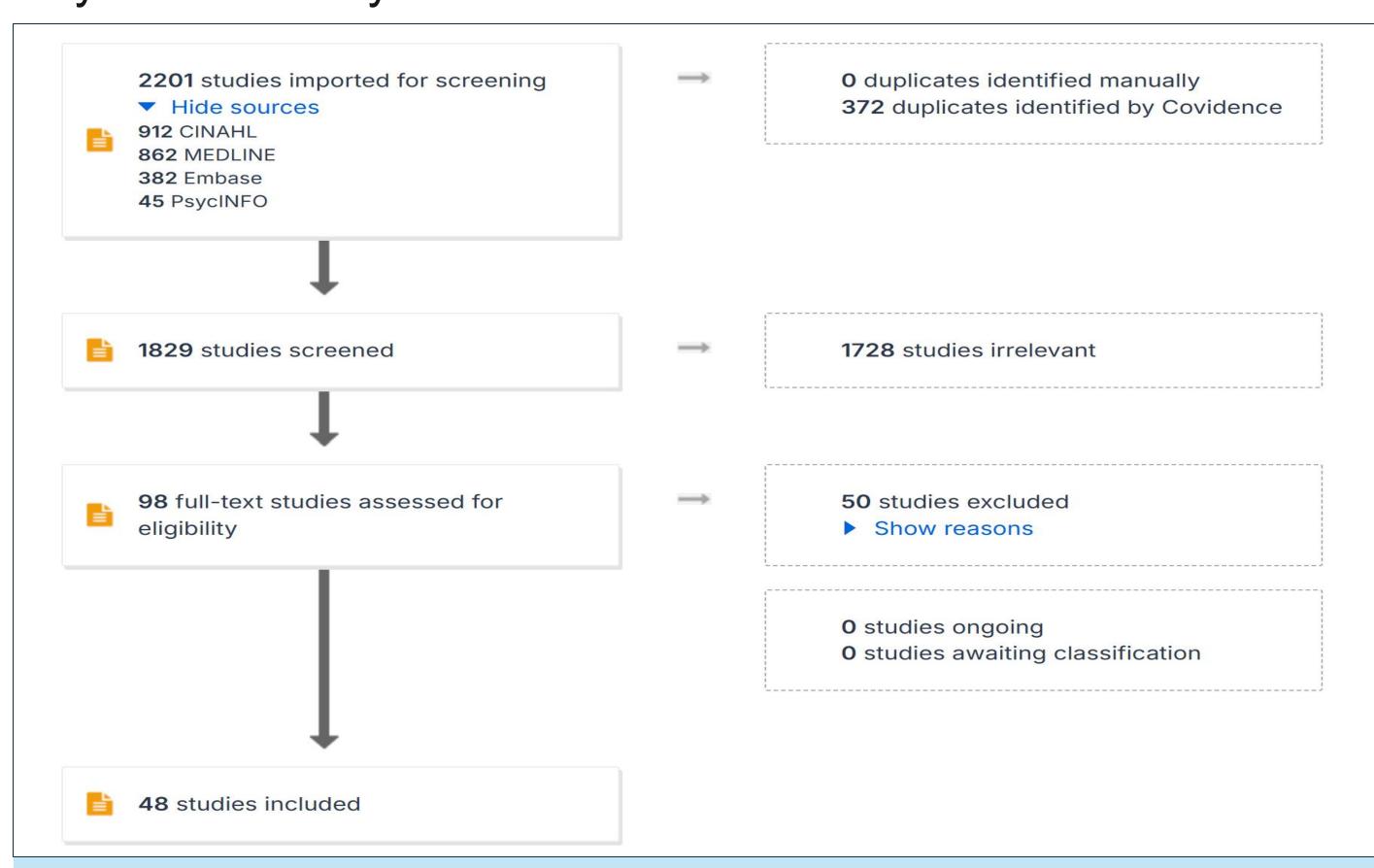


## Research Question

What were the experiences of racialized and Non -Western families in accessing disability services during the pandemic?

# Method and Analysis

Qualitative Scoping Review Guided by: PRISMA-SR, Thematic Content Analysis, Intersectionality and Ecological Systems Theory



# PRISMA Flowchart Diagram

Total articles analyzed for this study





Service Providers and Policymakers Must Work in Partnership With Racialized and Non-Western Children With Disabilities – and Their Families - to Ensure Equitable Access to Disability Services During Public Health Crises



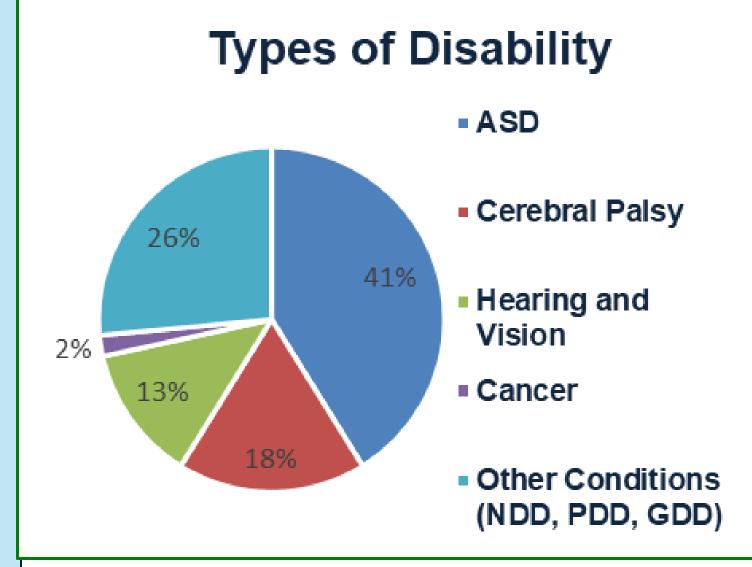


References

**Holland Bloorview** Kids Rehabilitation Hospital

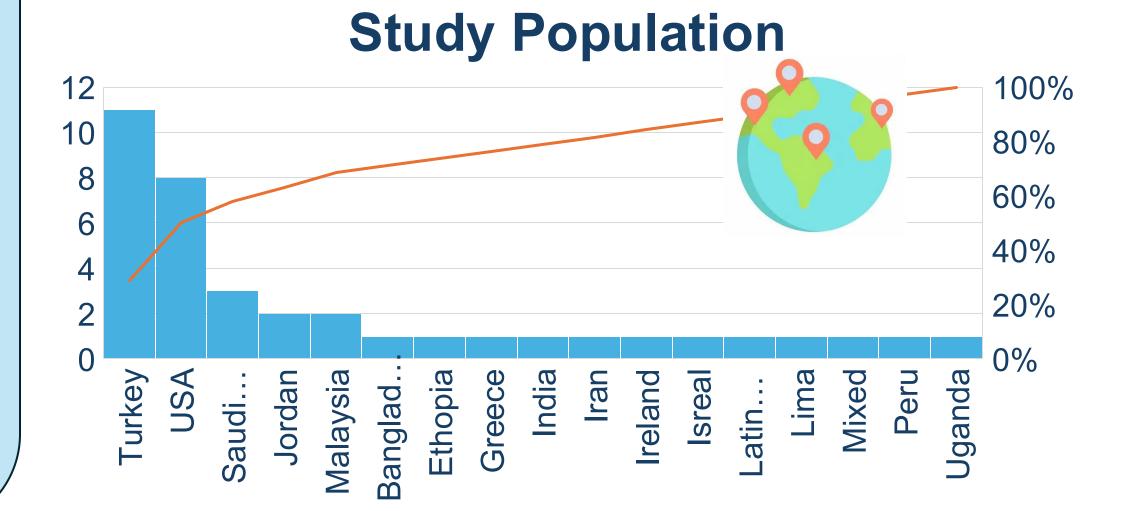
Blcorview **RESEARCH INSTITUTE** 

### Findings



Despite the prevalence of ASD, RNWF in North America often face challenges in obtaining a diagnosis and support for their children. Also suggests higher service disruptions and equity gaps for racialized families navigating ASD services

Middle Eastern studies dominated the review, suggesting a research gap for examining the experiences of Blackmajority populations



#### **Service Disruption** (Uganda)

"My boy has not been able to go for his reviews and therapy exercises for over two months, he is regressing and beginning to self-injure again"

#### **Telehealth** Challenges (Turkey)

"Now at home [physical, occupation, and speech therapy were] going to be through the screen...I didn't know what to do"

# **Key Themes**

#### **Financial Difficulties** (Uganda)

"We are trying to

survive [....] people are broke,... They should remove the lock-down so that people can go back and work" (mother of a girl with CP, communication difficulties and ID)

#### Caregiver Burden (USA)

"I felt like I wasn't a mom anymore I felt like I was the teacher, the speech path, the OT, the language person"

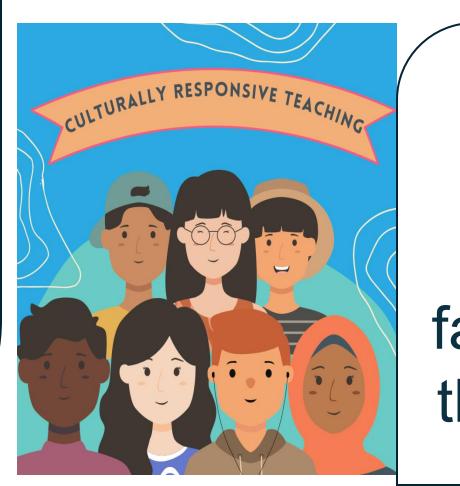
#### **Mistrust of Systems** (Iran)

"Nurses are more nervous than before and stay away from us. They do not spend enough time to answer our questions, they just lead us to our rooms and tell us not to leave the room"

### Conclusion

To improve trust and access, the voices of RNWF must be embedded in policy design, and they should be positioned as partners – not just research participants and recipients — of disability services.

#### Relevance to Holland Bloorview and Clients



Underscores the need for meaningful, purposeful, and sustainable collaboration between Holland Bloorview and Racialized families – to ensure for future pandemic planning that erases service gaps for Racialized families