## About our workshops and events listed in this brochure:



#### **Family Workshops**

The Family Resource Centre provides educational workshops for clients with a range of disabilities and their families. Anyone in the community is welcome to attend.



#### **Parent Support Network**

This is a unique series of events for parents and caregivers to engage in open discussion and provide mutual support. It is open to all caregivers of children and youth living with a disability. PSN is always cofacilitated with a Family Leader.



### Family Navigation Hub's CommunityCONNECT Series

The CommunityCONNECT series aims to share information and resources with families related to social needs such as stable housing, food security, access to childcare and respite care and more.



#### **Sibling Support Program**

Holland Bloorview's Sibling Support Program is for siblings, ages 7-18, who have a sibling with a disability, complex medical needs and/or dual diagnosis. It gives attendees the opportunity to relax, unwind and meet peers with similar experiences.

Holland Bloorview Kids Rehabilitation Hospital believes in creating a world where all youth and children belong. We are the only children's rehabilitation hospital in Canada focused on combining world-class care, transformational research, and academic leadership in the field of child and youth rehabilitation and disability. Holland Bloorview is a top 40 Canadian research hospital that is fully affiliated with the University of Toronto and serves over 8,000 families annually. Providing both inpatient and outpatient services. Holland Bloorview is renowned for its expertise in co-creating with clients and families to provide world-class care and is the only organization to ever achieve 100 per cent in three successive quality surveys by Accreditation Canada.

Holland Bloorview is a founding member of Kids Health Alliance, a network of partners working to create a high quality, consistent and coordinated approach to pediatric health care that is centred around children, youth and their families.

#### Holland Bloorview Kids Rehabilitation Hospital

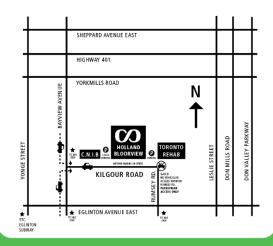
150 Kilgour Road, Toronto, ON M4G 1R8

Tel: 416-425-6220

Toll-Free: 1-800-363-2440

Fax: 416-425-6591

E-mail: info@hollandbloorview.ca



# Workshops and Events For Families

April – June 2025



# Holland Bloorview Kids Rehabilitation Hospital

- All family events listed in this brochure are free of charge and may be held virtually or live in person.
- Anyone can attend these family events; however parents and caregivers who have children with disabilities have priority.
- Most events require individual registration in advance.
- All workshops and events with fewer than 5 registrations may be subject to cancellation.



# Online Family Resource Centre

Holland Bloorview's Grocery Foundation Family Resource Centre is a place where you can find information and resources on childhood disability that are helpful to you and your family.

For information on parenting, education, fun things to do, respite, funding and more: HollandBloorview.ca/ResourceCentre

For resource consultations, please email: resourcecentre@hollandbloorview.ca

For event descriptions and registrations, scan the QR code below or visit: HollandBloorview.ca/FamilyEvents





Many events in this brochure are generously supported by donors and the Holland Bloorview Foundation.

#### **Registration Information**

To register for Family Workshops, Parent Support Network, Family Navigation Hub's CommunityCONNECT, and Wellness Through Arts events, visit: HollandBloorviewEvents.Eventbrite.ca

To register for Sibling Support Program events, please email SiblingSupport@hollandbloorview.ca

#### **Contact information**

For Parent Support Network **CommunityCONNECT Series & Family** Workshops

**Family Support Specialists** resourcecentre@hollandbloorview.ca

416-425-6220 ext. 6524

#### For Sibling Support: **Victoria Rombos**

SiblingSupport@hollandbloorview.ca

Are you Deaf or Hard-of-Hearing and want to reach us by phone? Visit Bell.ca/AccessibilityServices//BellTTY RelayService, Or, if you have a TTY or VCO phone, dial 711 and give the number provided.

You can also join our e-newsletter mailing list to receive our event alerts by emailing: resourcecentre@hollandbloorview.ca

Is your child waiting for an autism diagnostic assessment at Holland Bloorview? If so, you're invited to While We're Waiting, an online discussion group for parents and caregivers. For more information, Visit: **Autism Resources** 





#### **Sibling Support Program**

Tues. April 1 (In-person) 6-8pm Thurs. April 17 (Virtual) 6pm-7pm Thurs. April 24 (Virtual -Teenonly)- 6pm-7pm Contact: Victoria Rombos



#### **Family Workshop**

Sibling and Parents Workshop

Wednesday April 2, 2025 5pm-7pm (Virtual) Contact: Family Support **Specialists** 



#### **CommunityCONNECT Series:**

Sawubona Africentric Circle of Support (for Blackidentifying families) Thursday April 24, 2025 10:30am-12:00pm (Virtual) Contact: Family Support **Specialists** 



#### **Parent Support Network:**

**Advocating for Safety** 

Tuesday April 29, 2025 10:00am-11:30am (Virtual) **Contact: Family Support** Specialists

Youth Employment Programs is hosting a virtual session: Life After High School

April 9, 7pm-8:15pm





#### May 2025



#### **Family Workshop**

#### Art & High Tea for Caregivers

Tuesday May 6, 2025 10am-11:30am (In-Person) **Contact: Family Support** 

Specialists



#### **CommunityCONNECT Series:**

#### **Adapted and Inclusive Recreation - City of Toronto**

Thursday May 8, 2025 10:30am-12:00pm (Virtual) Contact: Family Support Specialists



#### **Parent Support Network:**

#### **Preparing for Adulthood** With DSO and Day Program Post 21

Wednesday May 14, 2025 10am-11:30am (Virtual) **Contact: Family Support Specialists** 



#### **Sibling Support Program**

Wednesday May 21 6pm-7pm (Virtual) Wed. May 28 (Virtual -Teen-only) 6pm-7pm

Contact: Victoria Rombos

Monthly 'Social Inclusion with your Child's School' Virtual Sessions:



#### Register here



#### **June 2025**



#### **Sibling Support Program**

Tuesday June 3 (In-person) 6pm-8pm Thursday June 12 (Virtual) 6pm-7pm Contact: Victoria Rombos



#### **CommunityCONNECT Series:**

#### **Know Your Rights: Human Rights and Housing** With CCHR

Thursday June 5, 2025 10:30am-12:00pm (Virtual) Contact: Family Support **Specialists** 



#### **Parent Support Network:**

**Summer Activities for Kids** Tuesday June 10, 2025 5:30pm-7pm (Virtual) **Contact: Family Support Specialists** 



#### **Family Workshop**

Lego & Robotics **For Caregivers** 

Tuesday June 17, 2025 10:30am-12pm (In-Person) **Contact: Family Support Specialists**