

## About our workshops and events listed in this brochure:



### Family Workshops

The Family Resource Centre provides educational workshops for clients with a range of disabilities and their families. Anyone in the community is welcome to attend.



### Parent Support Network

This is a unique series of events for parents and caregivers to engage in open discussion and provide mutual support. It is open to all caregivers of children and youth living with a disability. PSN is always co-facilitated with a Family Leader.



### Family Navigation Hub's CommunityCONNECT Series

The CommunityCONNECT series aims to share information and resources with families related to social needs such as stable housing, food security, access to childcare and respite care and more.



### Sibling Support Program

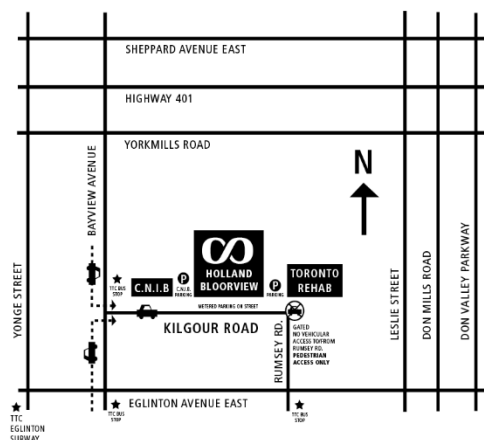
Holland Bloorview's Sibling Support Program is for siblings, ages 7-18, who have a sibling with a disability, complex medical needs and/or dual diagnosis. It gives attendees the opportunity to relax, unwind and meet peers with similar experiences.

Holland Bloorview Kids Rehabilitation Hospital believes in creating a world where all youth and children belong. We are the only children's rehabilitation hospital in Canada focused on combining world-class care, transformational research, and academic leadership in the field of child and youth rehabilitation and disability. Holland Bloorview is a top 40 Canadian research hospital that is fully affiliated with the University of Toronto and serves over 8,000 families annually. Providing both inpatient and outpatient services, Holland Bloorview is renowned for its expertise in co-creating with clients and families to provide world-class care and is the only organization to ever achieve 100 per cent in three successive quality surveys by Accreditation Canada.

Holland Bloorview is a founding member of Kids Health Alliance, a network of partners working to create a high quality, consistent and coordinated approach to pediatric health care that is centred around children, youth and their families.

### Holland Bloorview Kids Rehabilitation Hospital

150 Kilgour Road, Toronto, ON M4G 1R8  
Tel: 416-425-6220  
Toll-Free: 1-800-363-2440  
Fax: 416-425-6591  
E-mail: [info@hollandbloorview.ca](mailto:info@hollandbloorview.ca)



# Workshops and Events For Families

April – June 2025



**Holland Bloorview**  
Kids Rehabilitation Hospital

- All family events listed in this brochure are free of charge and may be held virtually or live in person.
- Anyone can attend these family events; however parents and caregivers who have children with disabilities have priority.
- Most events require individual registration in advance.
- All workshops and events with fewer than 5 registrations may be subject to cancellation.



### Online Family Resource Centre

Holland Bloorview's Grocery Foundation Family Resource Centre is a place where you can find information and resources on childhood disability that are helpful to you and your family.

For information on parenting, education, fun things to do, respite, funding and more: [HollandBloorview.ca/ResourceCentre](https://HollandBloorview.ca/ResourceCentre)

For resource consultations, please email: [resourcecentre@hollandbloorview.ca](mailto:resourcecentre@hollandbloorview.ca)

For event descriptions and registrations, scan the QR code below or visit: [HollandBloorview.ca/FamilyEvents](https://HollandBloorview.ca/FamilyEvents)



Many events in this brochure are generously supported by donors and the Holland Bloorview Foundation.

## Registration Information

To register for Family Workshops, Parent Support Network, Family Navigation Hub's CommunityCONNECT, and Wellness Through Arts events, visit:

[HollandBloorviewEvents.Eventbrite.ca](https://hollandbloorviewevents.eventbrite.ca)

To register for Sibling Support Program events, please email

[SiblingSupport@hollandbloorview.ca](mailto:SiblingSupport@hollandbloorview.ca)

## Contact information

For **Parent Support Network CommunityCONNECT Series** & **Family Workshops**

**Family Support Specialists**

[resourcecentre@hollandbloorview.ca](mailto:resourcecentre@hollandbloorview.ca)

416-425-6220 ext. 6524

For **Sibling Support:**

**Victoria Rombos**

[SiblingSupport@hollandbloorview.ca](mailto:SiblingSupport@hollandbloorview.ca)

Are you Deaf or Hard-of-Hearing and want to reach us by phone? Visit [Bell.ca/AccessibilityServices//BellTTYRelayService](https://Bell.ca/AccessibilityServices//BellTTYRelayService). Or, if you have a TTY or VCO phone, dial 711 and give the number provided.

You can also join our **e-newsletter mailing list** to receive our event alerts by emailing:

[resourcecentre@hollandbloorview.ca](mailto:resourcecentre@hollandbloorview.ca)

Is your child waiting for an autism diagnostic assessment at Holland Bloorview? If so, you're invited to **While We're Waiting**, an online discussion group for parents and caregivers. For more information, Visit:

[Autism Resources](#)



## April 2025



### Sibling Support Program

Tues. April 1 (In-person) 6-8pm

Thurs. April 17 (Virtual)

6pm-7pm

Thurs. April 24 (Virtual -Teen-only)- 6pm-7pm

Contact: Victoria Rombos



### Family Workshop

#### Sibling and Parents Workshop

Wednesday April 2, 2025

5pm-7pm (Virtual)

Contact: Family Support Specialists



### CommunityCONNECT Series:

#### Sawubona Africentric

Circle of Support (for Black-identifying families)

Thursday April 24, 2025

Time: 10:30am-12:00pm (Virtual)

Contact: Family Support Specialists



### Parent Support Network:

#### Advocating for Safety

Tuesday April 29, 2025

Time: 10:00am-11:30am (Virtual)

Contact: Family Support Specialists

[Youth Employment Programs](#) is

hosting a virtual session:

#### Life After High School

April 9, 7pm-8:15pm

Register here



## May 2025



### Family Workshop

#### Art & High Tea for Caregivers

Tuesday May 6, 2025

10am-11:30am (In-Person)

Contact: Family Support Specialists



### CommunityCONNECT Series:

#### Adapted and Inclusive

#### Recreation - City of Toronto

Thursday May 8, 2025

Time: 10:30am-12:00pm (Virtual)

Contact: Family Support Specialists



### Parent Support Network:

#### Preparing for Adulthood

#### With DSO and Day Program

#### Post 21

Wednesday May 14, 2025

Time 10am-11:30am (Virtual)

Contact: Family Support Specialists



### Sibling Support Program

Wednesday May 21

6pm-7pm (Virtual)

Wed. May 28 (Virtual -Teen-only)

6pm-7pm

Contact: Victoria Rombos

Monthly 'Social Inclusion with your Child's School' Virtual Sessions:



Register here



## June 2025



### Sibling Support Program

Tuesday June 3 (In-person)

6pm-8pm

Thursday June 12 (Virtual)

6pm-7pm

Contact: Victoria Rombos



### CommunityCONNECT Series:

#### Know Your Rights:

#### Human Rights and Housing With CCHR

Thursday June 5, 2025

Time: 10:30am-12:00pm

(Virtual)

Contact: Family Support Specialists



### Parent Support Network:

#### Summer Activities for Kids

DATE: Tuesday June 10, 2025

Time 5:30pm-7pm (Virtual)

Contact: Family Support Specialists



### Family Workshop

#### Lego & Robotics

#### For Caregivers

Date and Time TBD

(In-Person)

Contact: Family Support Specialists