

# WINTER 2025 Snoezelen Swim times

Please consider the categories carefully and pick the session that might be best suited to your child or client as opposed to the *preferred time*. Should we feel the needs of your client or child would be better met in a different session, Holland Bloorview reserves the right to transfer your client or child to the appropriate session. If this change is not possible due to space availability, or the proposed change conflicts with your schedule, Holland Bloorview will refund the session cost excluding the cost of any sessions attended. Schedule subject to change based on demand.

\*\*\*Registrations open Wednesday December 4<sup>th</sup>

## Saturdays

**Combination (0 - 17 yrs.)** Combination of relaxation and explorative. *Ideal for children who do not have a specific sensory preference and can tolerate more activity in the pool environment. Please note that these sessions are still 'quiet' sessions i.e. no excessive splashing, using flippers/snorkels etc., jumping into pool from the side, or swimming pool lengths. This session is appropriate for children 0 – 17 years. 1:1 support in the water is required. Siblings welcome but must also have an adult one-to-one in pool, fee applies.*

Saturdays: 11:15 am - 12:00p.m.

January 4, 11, 18,25

February 1, 8,22

March 1

\*\* No sessions February 15 (Family Day Holiday)

## Wednesdays

**Adult Relaxation** *For clients with **limited** mobility; or who are medically fragile with respiratory issues; and have a low tolerance for high levels of activity/stimulation and therefore require a quieter pool environment with less splashing. These sessions are still 'quiet' sessions i.e. no excessive splashing, using flippers/snorkels etc., jumping into pool from the side, or swimming pool lengths. 1:1 support in the water is required.*

Wednesdays 1:00p.m – 1:45 p.m.

January 8, 15, 22, 29

February 5, 12, 19,26

March 5

**Adult Combination** *Can include clients who do not have a specific sensory preference and can tolerate more activity in the pool environment. Please note that these sessions are still 'quiet' sessions i.e. no excessive splashing, using flippers/snorkels etc., jumping into pool from the side, or swimming pool lengths. 1:1 support in the water is required.*

Wednesdays 2:00p.m – 2:45 p.m.

January 8, 15, 22, 29

February 5, 12, 19,26

March 5

## Private Family/ Group

**Relaxation/ Combination** *Can include clients who do not have a specific sensory preference and can tolerate more activity in the pool environment. Please note that these sessions are still 'quiet' sessions i.e. no excessive splashing, using flippers/snorkels etc., jumping into pool from the side, or swimming pool lengths.*

\*\* Able to request sessions noted above for private family/ group booking, if available, please contact program Coordinator

## Contact

Mursal Rizaey, Community Snoezelen Coordinator Clinician

[Snoezelen@hollandbloorview.ca](mailto:Snoezelen@hollandbloorview.ca)

416 – 425 – 6220 ext. 3184