

A Comprehensive Characterization of the Extensive Needs Service Pilot Program Participants in Ontario

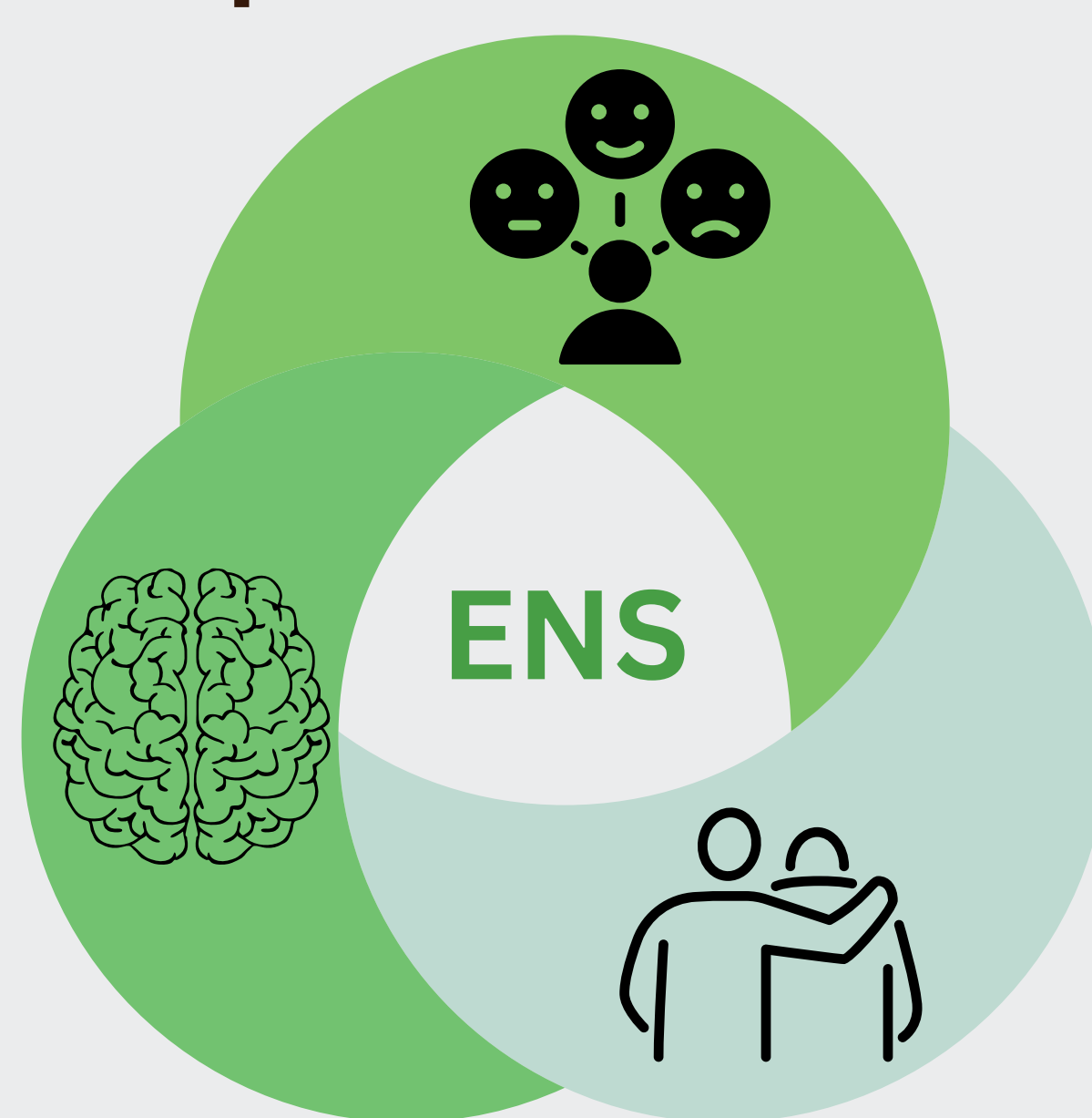
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Background

The Extensive Needs Service was created to address the unmet needs of many children and youth by providing wrap-around care

Intersecting Needs

Developmental
Social
Mental
Physical



Objectives

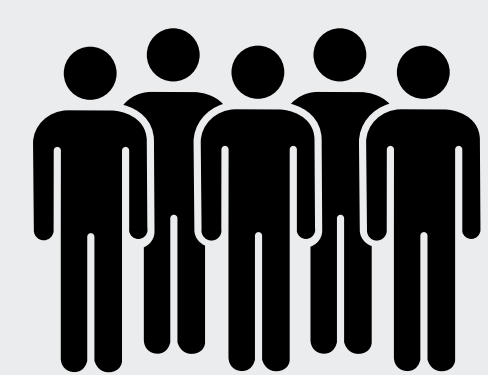
Describe the:

- Demographics of ENS families
- Baseline outcome measures of the ENS families

Methods

Participants:

22 children and youths (12 males, 10 females) from Holland Bloorview.



Baseline measures: Demographics, Brief Family Distress Scale (BFDS), Pediatric Global Health-7 (PGH-7), and Behaviour Assessment System for Children-3 (BASC-3).

Analyses:

Demographic trends (age groups, race, income) described using **proportions**.

Median to describe BFDS and PGH-7: Quality of Life (QoL) and mental health.

Mean with standard deviation for BASC-3 T-scores for externalizing behaviours.



Families in the ENS program often have multiple complex diagnoses, primarily come from low-income backgrounds, and experience significant family distress and poor mental health.



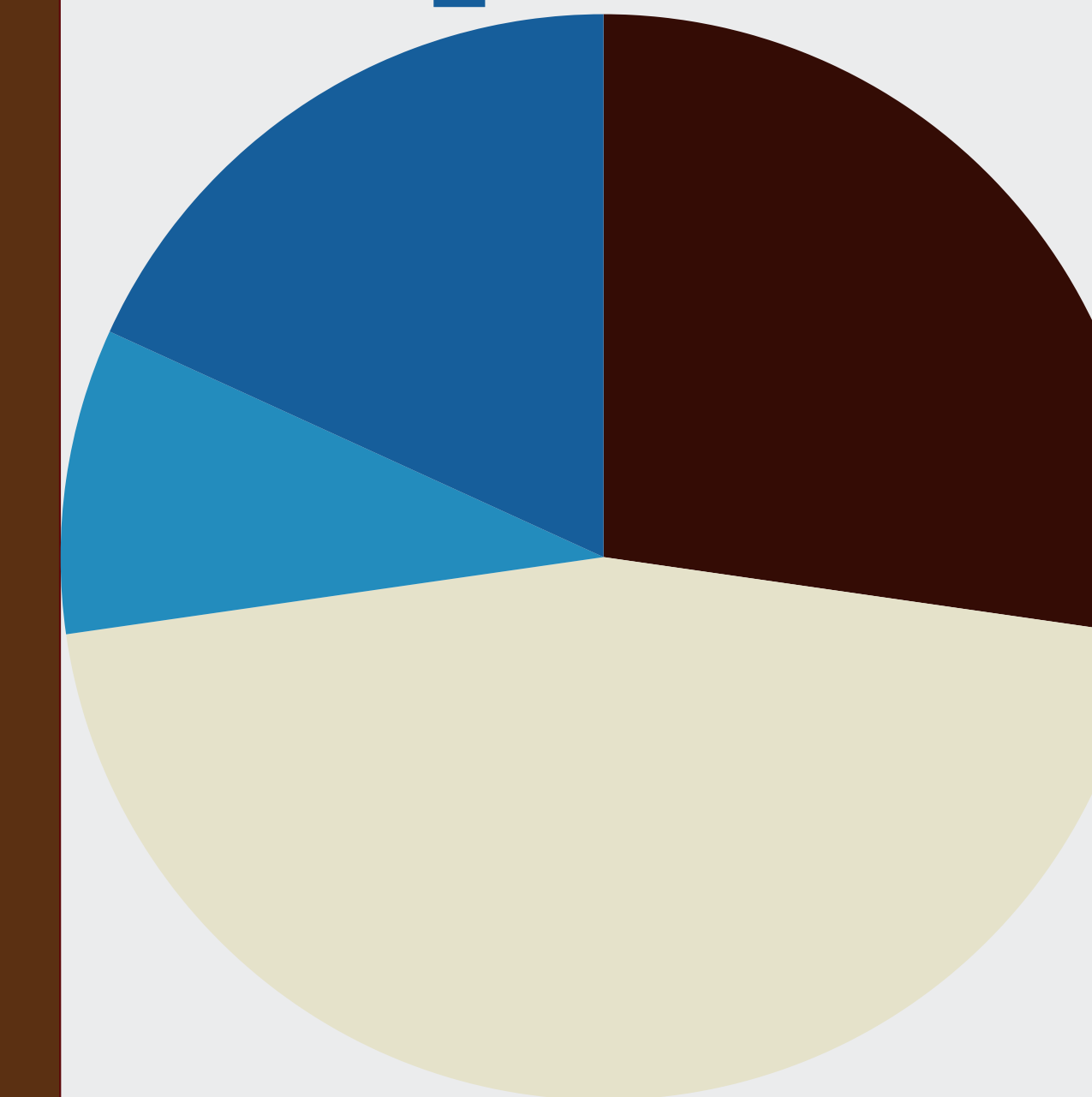
Holland Bloorview
Kids Rehabilitation Hospital

Bloorview
RESEARCH INSTITUTE

Results

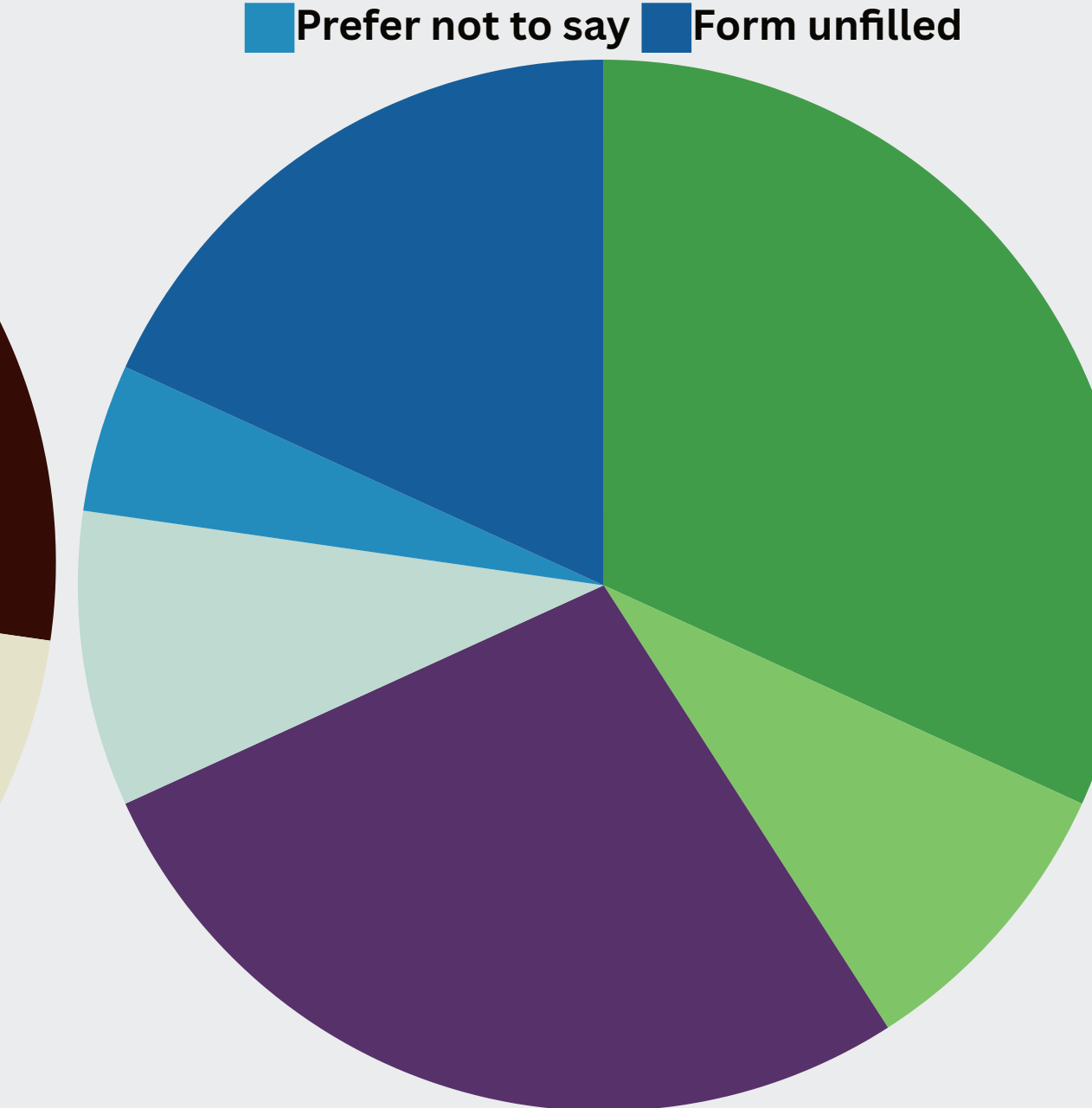
31.6% of participants were racial minorities

■ Racial Minority ■ White
■ I don't know/Prefer not to answer
■ Form unfilled



Majority of participants fall in the low family income bracket

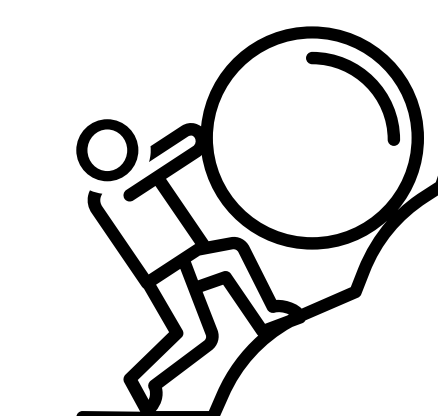
■ \$0 - \$39,999 ■ \$40,000 - \$79,999
■ \$80,000 - \$149,999 ■ \$150,000 or more
■ I don't know/Prefer not to say ■ Form unfilled



Half of the participants were aged 6-11

BFDS

Median BFDS score was **5/10** ("Things are very stressful, but we are getting by with a lot of effort")



PGH-7

Mental health: **2/5 (fair)**
QoL: **3/5 (good)**



BASC Externalizing

68.5 (SD=14.9) indicating **at risk levels** (n=19)



Conclusion/Next Steps

Baseline data reveals:

- Significant family distress and
- Poor mental health among ENS participants

These insights will help refine the ENS program by improving **intake processes** and **tailored program delivery** to better address the needs of youth with complex issues.

Relevance

- By categorizing and describing ENS families, the program can better meet **distinct individual needs**.
- This will also help in **targeting advocacy** for these populations whose needs are being left unmet by the system, ultimately benefiting Holland Bloorview clients and families.