

# Food Rescue Apps Tip Sheet



The Family Navigation Hub aims to share information and resources with families related to social needs such as stable housing, food and income security, access to childcare and more.

For more information contact: [familynavigation@hollandbloorview.ca](mailto:familynavigation@hollandbloorview.ca)

**Please note:** The information provided in this tip sheet is for reference only. It is not intended as a recommendation or endorsement of organizations, agencies or private businesses, or as a comprehensive resource list.

Here are some apps available on Android and iOS App Store to help you search for food for you and your family.



**Too Good to Go** – An app that connects customers to restaurants and stores that have surplus unsold food. Customers choose a

Surprise Bag from the Discover page, reserve it, and confirm the purchase. Head to the shop at the given pick-up time to collect.



**Flashfood** – An app to find local grocery deals for up to 50% off. Check out in the app and pick up the order from your local grocery store.



**Feed it Forward:** Free Food App – On the app, you'll find a list and map where you can see who's giving away free food in your area. You also have the option of filtering the results, changing how far you're willing to travel and which food items you would/wouldn't be interested in because of a dietary restriction.



**Olio** – A local sharing app for passing on items like food, clothes, toys, and even furniture to nearby neighbours, so surplus stuff can be shared, not thrown away.