## Post-secondary education & career webinar series

Headed to college or university? Are you a student with a disability preparing for your post-secondary education and career?

## Join us for our Fall 2023 free webinar series

Webinars include a mix of information (presentation style) and opportunities to ask questions. We engage Youth Mentors to share their lived experiences.

We designed these sessions for students and welcome families/parents to participate.

## To register & questions

You must register in advance of these free webinars **REGISTER HERE** 

You are eligible to register if you are:

- Living with a disability and/or autism spectrum disorder
- In high-school (grades 10, 11, 12 or 12+) and working towards your OSSD
- Living in Ontario

| Date:   | Session:   | Learn about:   |
|---|--|--|
| <b>Saturday,</b><br><b>October 21, 2023</b><br>10:00-12:00  | Getting ready for the transition to post-secondary | <ul><li>Exploring program and career interests</li><li>Applying to college/university</li></ul>  |
| <b>Saturday,</b><br><b>November 18, 2023</b><br>10:00-12:00 | Setting up supports for post-secondary             | <ul> <li>Accessing services and accommodations at college/university</li> <li>Maintaining physical and mental health</li> <li>Funding options</li> </ul> |
| <b>Saturday,</b><br><b>December 9, 2023</b><br>10:00-12:00  | Advocacy and independence skills                   | <ul> <li>Developing self-management strategies and asking for what you need</li> <li>Enjoying campus life and getting involved</li> </ul>                |



