









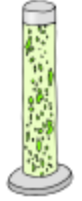

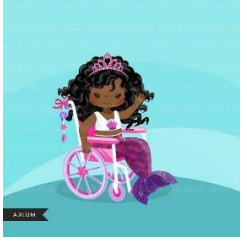








Summer 2022 Therapeutic Playroom Programs and Locations

Therapeutic Playroom Coordinator: Shawna Perkins, ext. 6268
 Therapeutic Recreation Assistants: Livia Egli, Madison Da Silva, Randy Mulder ext. 6280

	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning 9:30 - 11:30	Let's get Moving! 	Sensory Play or Baking 	Magic Hands! Cut, paste, thread, build, and feel; explore with your hands! 	Music Therapy Group 11:00- 11:30 	Playroom: Let's get Moving! 	Sensory Play 	Open Music and Play Program 
Location	Conference Centre 1E200	Conference Centre 1E200	Conference Centre 1E200	Conference Centre 1E200	Conference Centre 1E200	Conference Centre 1E200	Conference Centre 1E200
Afternoon 1:30 - 3:30	Playroom: Free Play! 	Playrooms: Free Play! 	Playroom Free Play 	Playroom Imagination Stations 	STEM: Science and Nature for young explorers! Look, Touch, Smell, Listen 	Playroom: Imagination Stations 	Art Let's Create! 
Location	Conference Centre 1E200	Conference Centre 1E200	Conference Centre 1E200	Conference Centre 1E200	Conference Centre 1E200	Conference Centre 1E200	Conference Centre 1E200
Evening 6:00 - 7:30	Playroom Closed	Playroom Closed	Playroom: Free Play! 	Art Let's Create! 	Imaginative Play 	STEAM: Engineering and Technology for young explorers! 	Free Play 
Location			Conference Centre 1E200	Conference Centre 1E200	Conference Centre 1E200	Conference Centre 1E200	Conference Centre 1E200

Program locations and activities are subject to change. Programs are for inpatients only. Please contact your Playroom team if you have any questions!

Room Locations/Extensions

*Playroom Programs have temporarily been relocated to the **Conference Centre (1E200) x6280**

Snoezelen (3E115) x 6273

School Gym

Atrium

Activity Rooms

Playroom Team

Therapeutic Playroom: x6280

Shawna Perkins x6268

Livia Egli

Madison Da Silva

Randy Mulder

Notes

Please drop into our Therapeutic Playroom Programs, which are temporarily located in the Conference Centre (1E200). This is located on the first floor, past the pool viewing area at the end of the hall.

We can currently accommodate a limited number of children in the Therapeutic Playroom programs.

Children will be divided into cohorts by unit.

During busy times, playroom staff will organize a rotation to ensure all have a chance to come and play!

Coming:

Scan QR code for Inpatient Therapeutic Recreation program updates and special events

Toy Lending Program

If you are looking for toys, crafts, games, puzzles, or activities for your room, please speak with a member of the Therapeutic Playroom team! We are happy to provide you with some fun activities for use on your own time! We are not currently loaning toys, but we have a number of items to choose from that you can keep and use for your enjoyment during your inpatient stay!



Swimming for In-Patients

Our clients are welcome to join recreational swims in our onsite therapy pool with their physician and caregiver consent. Our program focuses on the recreational benefits of water, addresses the individual needs and preferences of each swimmer. **Sign up required for small group swim (maximum 3 clients).**

Please contact your Therapeutic Recreation Specialist (TRS) to indicate that you wish to swim. Once eligibility has been established you can be scheduled for swim.

Summer 2022 Inpatient Swim Times:

****Group size of 4- 5 clients per swim maximum***

Monday at 6:25pm and 7:25pm
Wednesday at 6:25pm and 7:25pm
Thursday afternoons: 2:15 – 3:15

PROGRAM DESCRIPTIONS

Free Play

Drop in to request an activity you would like to participate in. Options could include; imaginative play, exploration of various toys and activities, arts and crafts, movement, songs, stories and sensory activities.

Snoezelen Room

The Snoezelen room uses music, lighting effects, gentle vibrations, tactile sensations and aromatherapy to provide opportunities for relaxation and a unique sensory experience. ***Limited capacity – small group visits of 1 – 3 clients**

Arts and Crafts

Art provides opportunity to create, construct, express, plan, and experiment. Join us to explore line, shape, textures, and colours using a variety of materials in our arts and crafts programs.

Sensory Play

Let's let our senses be our guide as we explore the world around us through touching, hearing, smelling, and looking. Activities can include exploration of sensory toys, mixing ingredients for a magic concoction, and following directions for a baking activity.

STEAM Activities for Young Explorers

STEM stands for Science, Technology, Engineering, Art, and Math. Through play-based activities, young children can explore, observe, ask questions, and predict in small structured groups or in individual play. Get ready for building with blocks, experimenting with cause and effect, introduction to technology in play, and mixing recipes!

Story Time

Explore books and storytelling through reading and play!

Let's Get Moving

Balls, big blocks, parachute, and movement with music- let's move our bodies in play!

Imaginative Play

Join us at one of our imagination stations; cars, trains, dolls, play kitchen, and more!