

Active Together!

Transitions, Recreation & Life Skills

What?

An after school recreation program for Holland Bloorview clients. Participants will engage in gym games and activities to keep their bodies and minds active. Participants will engage physically distanced activities. Volunteer* support will be provided.

**note volunteers & staff have been Covid-19 vaccinated*



Important- This is currently being planned as an **in-person** group at Holland Bloorview with limited capacity however, program is subject to change should restrictions/direction from the hospital require a pause on in-person programming due to Covid-19.

When?

Tuesdays, February 15th – March 22nd **
4:30-5:45pm

**participants are expected to attend all sessions. A virtual intake/goal setting session will also be arranged with each participant & caregiver prior to the start of the program

Who? *Participants must have a disability and be:*

- 7 – 12 years of age
- Interested in participating in activities related to physical activity, group participation and socialization
- Able to follow instructions and adhere to Covid-19 protocols (eg., wearing a mask, maintaining distance)

Where?

Holland Bloorview Kids Rehabilitation Hospital – **Gymnasium**
150 Kilgour Rd, Toronto, Ontario

Cost: \$60.00

Applications: Deadline for submission: Wednesday, February 9th, 2022

Notes:

- Space is limited and you must register to join

CONTACT

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