## Blcorview RESEARCH INSTITUTE

# rehabilitation providers working with youth with disabilities

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### **Background**

- Many healthcare providers report lacking knowledge and training regarding gender sensitive care.
- Simulation-based learning can help to create a positive learning experience while also enhancing educational outcomes.
- Including participants in the process of developing the content could facilitate the creation of authentic situations while reinforcing relevant skills.
- Our simulation is novel because it is informed by several needs assessments from clinician and youth perspectives and explores gender sensitive care amongst pediatric rehabilitation providers.

#### Objective:

To explore the experience of building an educational simulation scenario with and for clinicians on gender sensitive care

#### **Methods**

#### Design

Qualitative focus group with 10 participants over 2 simulation build sessions (2.5 hours each), facilitated by researchers certified in *SIM-One* simulations.

- First build session focused on building scenario content.
- Second build session centered on the content with simulated actors

#### Data analysis

- Simulation development sessions were audio recorded and transcribed.
- 2 researchers coded transcripts and extracted relevant quotes

#### Results

#### Relevance of gender within clinical practice



- Hesitant and resistant
- Acknowledging gender but not talking about it
- Incorporating gender into clinical practice
- Gender is acknowledged, but not openly discussed
- "I don't see there's a gender difference...I don't make a distinctions between genders." (#3)

#### Gender acknowledged within clinical practice

- Mostly binary gender differences were noted
- Parental overprotection for female youth



- "I have families who say their experience outside of the home and school the first things on their mind are around safety and vulnerability in the community...! can see a connection to gender because sometimes individuals have that concern more so for females." (#1)
- Building a simulation helped to encourage participants to share their reflections on this topic and learn from each other

#### Creating a comfortable and safe space to enable gender-sensitive care

- · Patient-centered care
- Effective communication and rapport building
- Appropriate language and pronoun use
- Respecting gender identity
- Responding to therapeutic ruptures
  - "It's trying really hard to be sensitive around identifying people with the way they see themselves and being respectful." (#5)

#### **Conclusions**

 Developing a simulation on gender-sensitive care involved discussions of evidence-informed material, reflection, and sharing. Clinicians showed development in their learning about providing gender and how it could be applied to their practice.

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