

MORE INFORMATION ABOUT WORKSHOPS AND EVENTS LISTED

FAMILY WORKSHOPS

The Family Resource Centre provides educational workshops for clients with a range of disabilities and their families. Anyone in the community is welcome to attend.

PARENT SUPPORT NETWORK

This is a unique series of events for parents and caregivers to engage in open discussion and provide mutual support. It is open to all caregivers of children and youth living with a disability.

PAPERWORK PARTIES

Staff and family volunteers will share tips and resources to help you fill out applications like SSAH, ACSO and more. Paperwork Parties are a great way to connect with other caregivers and cross something off your to-do list.

FAMILY NAVIGATION HUB WORKSHOPS

The Family Navigation Hub's workshop series aims to share information and resources with families related to social needs such as stable housing, food security, access to childcare and more.

SIBLING SUPPORT PROGRAM

Holland Bloorview's Sibling Support Program is for siblings, ages 7-18, who have a sibling with a disability, complex medical needs and/or dual diagnosis. It gives the siblings the opportunity to relax, unwind and meet peer who might share lived experiences.

Holland Bloorview

Kids Rehabilitation Hospital

Holland Bloorview Kids Rehabilitation Hospital creates a world of possibility by supporting children and youth living with disability, medical complexity, illness and injury.

Holland Bloorview is a top 40 Canadian research hospital that is fully affiliated with the University of Toronto and serves over 7,500 families annually. Providing both inpatient and outpatient services, Holland Bloorview is renowned for its expertise in partnering with clients and families to provide exceptional care and is the only organization to ever achieve 100 percent in two successive quality surveys by Accreditation Canada.

Holland Bloorview is a founding member of Kids Health Alliance, a network of partners working to create a high quality, consistent and coordinated approach to pediatric health care that is centred around children, youth and their families.

Holland Bloorview Kids Rehabilitation Hospital

150 Kilgour Road, Toronto, ON M4G 1R8
Tel: 416-425-6220 Toll-Free: 1-800-363-2440
Fax: 416-425-6591
E-mail: info@hollandbloorview.ca



Virtual Workshops and Events for Families

October 2021 – February 2022



- All family events listed in this brochure are **free of charge** and **held virtually over Zoom**.
- **Anyone can attend** these family events; however **parents and caregivers who have children with disabilities have priority**.
- Most events require **individual registration in advance**.
- Family Workshops or Parent Support Network events with **fewer than 5 registrations may be subject to cancellation**.



ONLINE FAMILY RESOURCE CENTRE

Holland Bloorview's Grocery Foundation Family Resource Centre is a place where you can find information and resources on childhood disability that are helpful to you and your family.

For information on parenting, education, fun things to do, respite care, funding and more: www.hollandbloorview.ca/resourcecentre

If you are looking for COVID-19-related resources, visit: www.hollandbloorview.ca/covid-19

For resource consultations, please email: resourcecentre@hollandbloorview.ca

For full event descriptions and registrations, scan the QR code with your mobile phone.



You can also visit: www.hollandbloorview.ca/familyevents

Holland Bloorview
Kids Rehabilitation Hospital

UPDATED OCTOBER 2021



Many events in this brochure are generously supported by donors and the Holland Bloorview Foundation.

REGISTRATION INFORMATION

To register for family workshops, parent support network, paperwork parties and family navigation hub workshops, visit hollandbloorviewworkshops.eventbrite.com.

To register for Sibling Support Program, email siblingsupport@hollandbloorview.ca

CONTACT INFORMATION

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Deaf or Hard-of-Hearing and want to reach us by phone? Try Relay Service: www.bell.ca/Accessibility_services/Bell_Relay_service. Or if you have a TTY or VCO phone, dial 711 and give the number provided.


Victoria Rombos


siblingsupport@hollandbloorview.ca


OCTOBER 2021

 **Parent Support Network: Let's talk about Back to School**
(Open Discussion)
Tuesday October 5, 6:30pm-8pm


 **Parent Support Network: Special Series with Protibha Gupta: 8-Week Mindfulness Program for Parents and Caregivers**
Friday October 22-December 10, 10:30am-11:30am
For more information contact: Stephanie Moynagh (contact above)


 **Family Navigation Hub Workshop Series: Child Care Fee Subsidy & Every Child Belongs**
Thursday October 14, 10:30am-12pm
For more information contact: Stephanie Moynagh (contact above)


 **Paperwork Party: Support with Completing Funding Applications**
Wednesday October 20, 5:30pm-7pm
**Participants are strongly encouraged to view 'Part 1 - Funding Overview' video before attending in order to maximize the benefits of this workshop. To access the video and more information, visit www.hollandbloorview.ca/familyevents and click on the tab 'Paperwork Parties'.*
For more information contact: Melissa Ngo (contact above)


 **Sibling Support Program**
Thursday October 21, time to be determined based on family availability.
For more information contact: Victoria Rombos (contact above)

NOVEMBER 2021


 **Family Workshop: Advocating in the School System**
Thursday November 11, 5:30pm-7pm
For more information contact: Melissa Ngo (contact above)

 **Parent Support Network: Behaviour Guidance Principles With Susan Musgrave and Alifa Khan**
Tuesday November 16, 10am-11:30am
For more information contact: Stephanie Moynagh (contact above)


 **Family Navigation Hub Workshop Series: Community Kitchen with FoodShare**
Wednesday November 17, 4pm-6pm
For more information contact: Stephanie Moynagh (contact above)

 **Sibling Support Program**
Thursday November 18, time to be determined based on family availability.
For more information contact: Victoria Rombos (contact above)


DECEMBER 2021


 **Family Workshop: RDSP, Wills and Estates**
Thursday December 2, 5:30pm-7pm
For more information contact: Melissa Ngo (contact above)


 **Parent Support Network: Let's talk about Funding Applications**
(Open Discussion)
Tuesday December 7, 6:30pm-8pm
For more information contact: Stephanie Moynagh (contact above)

 **Sibling Support Program: Movie Night**
Wednesday December 8
Sibling Support monthly Session:
Thursday December 16, time to be determined based on family availability.
For more information contact: Victoria Rombos (contact above)


JANUARY 2022


 **Family Workshop: Recreation, Respite & Life Skills Information Fair**
Date and time to be determined.
For more information contact: Melissa Ngo (contact above)


 **Parent Support Network: Holland Bloorview Library Services and Supports for Parents/Caregivers**
Tuesday January 25, 10am-11:30am
For more information contact: Stephanie Moynagh (contact above)

 **Sibling Support Program**
Thursday January 20, time to be determined based on family availability.
For more information contact: Victoria Rombos (contact above)

FEBRUARY 2022

 **Family Workshop: *New* Family Info Video: Mental Health Support for Caregivers**
Video release:
Thursday February 3, 2022
For more information contact: Melissa Ngo (contact above)

 **Parent Support Network: Let's talk about Social Inclusion**
(Open Discussion)
Tuesday February 22, 6:30pm-8pm
For more information contact: Stephanie Moynagh (contact above)

 **Sibling Support Program**
Thursday February 17, time to be determined based on family availability.
For more information contact: Victoria Rombos (contact above)

Solution Focused Coaching for Families will be offered in Fall 2021.
For more information, visit: www.hbhumanistichealthcare.ca/