

# Participate in Research

## *“Navigating the Medical and Social Merry-Go-Round”:* Understanding the Caregiving Experiences of Parents from Racialized Backgrounds that Care for Children Living with Autism Spectrum Disorder (ASD)



### Principal

**Investigator:** Dr. Fiona Moola

### Centre for

**Leadership:** Bloorview Research Institute - The HEART Lab

## TO ASK QUESTIONS CONTACT:

Dr. Fiona Moola  
416-425-6220 ext. 3252  
fmoola@hollandbloorview.ca

Nivatha Moothathamby  
416-425-6220 ext. 6445  
nmoothathamby@hollandbloorview.ca

Methuna Naganathan  
mnaganathan@hollandbloorview.ca

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**Bloorview**  
RESEARCH INSTITUTE

Canada's Only Hospital-Based  
Childhood Disability Research Institute

**Holland Bloorview**  
Kids Rehabilitation Hospital

**Are you a parent that identifies as coming from a racialized background, caring for a child with autism? If so, do you want to participate in a study about your caregiving experiences?**

### What is this study about:

The HEART Lab at Holland Bloorview is doing a study to understand the caregiving experiences of parents who identify as coming from a racialized background and care for a child with autism. In the study, you will be asked to discuss your caregiving experiences in which we will explore topics such as cultural stigma. In this study you will also participate in an art activity in which you can express your experiences.

### Who can participate?

- Parents/ Caregivers who identify as coming from a racialized background, caring for a child with Autism

### What's involved?

- A two hour interview that asks about your caregiving experiences (e.g. stigma, healthcare experiences)
- A one hour take home art activity
  - Using a range of art supplies
- How many visits are involved? 1-2

Note: If you cannot make it to the hospital, we can also arrange an interview online via video conferencing, or via phone.

### Potential Benefits?

- Potential development of an intervention to help build social support among racialized parents
- Deeper understanding of the effects of cultural stigma on parents who are caring for a child with autism

### Potential Risks?

- There are no risks or harms known for participating in this study. But, you may feel sad or uncomfortable when talking about your experiences during the interview or art activity. You can stop at any time for any reason if you feel this way.

Participants will be reimbursed for travel costs and receive an honorarium to thank them for their time.