

**FREE
EVENT**

Holland Bloorview
Kids Rehabilitation Hospital

Parent Support Network | Discussion Series

The Parent Support Network Events have been created by families to provide parents and caregivers with the opportunity to engage in open discussion. Childhood disability experts are often guest speakers at these events. All caregivers are welcome!

Topic: Music Therapy for Parents/Caregivers

Date and time: Wednesday March 3rd, 2021, 7pm-8:30pm

This event will take place over Zoom Healthcare
All attendees must register in advance online at the following link:
<https://parent-support-network-wed-mar3-2021.eventbrite.ca>

Please join us to:

- Learn together and discuss how music can help us de-stress and play a supportive role in our lives
- Learn about opportunities to access music therapy for parents/caregivers through Holland Bloorview's Harmony OnTrack Clinic
- Contribute to discussion about caring for ourselves as caregivers
- Experience the therapeutic benefits of music

Music Therapy Students Lea Wilson and Alexander Le-Nguyen from Wilfred Laurier University and the Harmony OnTrack Clinic will join us as guest speakers

Discussion will be facilitated by Family Support Specialist Steph Moynagh and Family Leader Beth Dangerfield

If you require special accommodations or have questions, please contact Stephanie Moynagh, Family Support Specialist at smoynagh@hollandbloorview.ca or 416-425-6220 ext. 6146.

The Parent Support Network events are generously supported by donors and the Holland Bloorview Foundation

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