

MORE INFORMATION ABOUT WORKSHOPS AND EVENTS LISTED



FAMILY WORKSHOPS

The Family Resource Centre provides educational workshops for clients with a range of disabilities and their families. Anyone in the community is welcome to attend.



PARENT SUPPORT NETWORK

This is a unique series of events for parents and caregivers to engage in open discussion and provide mutual support. It is open to all caregivers of children and youth living with a disability.



PAPERWORK PARTIES

Staff and family volunteers will share tips and resources to help you fill out applications like SSAH, ACSD and more. Paperwork Parties are a great way to connect with other caregivers and cross something off your to-do list.



SOLUTION-FOCUSED COMMUNICATION FOR FAMILIES

A workshop series designed to help parents enhance their communication skills by highlighting their family strengths and resources.

FUNDAMENTALS: In this pre-requisite workshop, participants will learn the fundamental principles and skills of solution-focused communication.

ENHANCED SOLUTIONS:

A series of workshops that enhance skills learned in the Fundamentals workshop.



SIBLING SUPPORT PROGRAM

Holland Bloorview's Sibling Support Program is for siblings, ages 7-18, who have a sibling with a disability, complex medical needs and/or dual diagnosis. It gives the siblings the opportunity to relax, unwind and meet peer who might share lived experiences.

Holland Bloorview

Kids Rehabilitation Hospital

Holland Bloorview Kids Rehabilitation Hospital creates a world of possibility by supporting children and youth living with disability, medical complexity, illness and injury.

Holland Bloorview is a top 40 Canadian research hospital that is fully affiliated with the University of Toronto and serves over 7,500 families annually. Providing both inpatient and outpatient services, Holland Bloorview is renowned for its expertise in partnering with clients and families to provide exceptional care and is the only organization to ever achieve 100 percent in two successive quality surveys by Accreditation Canada.

Holland Bloorview is a founding member of Kids Health Alliance, a network of partners working to create a high quality, consistent and coordinated approach to pediatric health care that is centred around children, youth and their families.

Holland Bloorview Kids Rehabilitation Hospital

150 Kilgour Road, Toronto, ON M4G 1R8
Tel: 416-425-6220 Toll-Free: 1-800-363-2440
Fax: 416-425-6591
E-mail: info@hollandbloorview.ca



Virtual Workshops and Events for Families

February 2021 – April 2021



- All family events listed in this brochure are **free of charge** and **held virtually over Zoom**.
- **Anyone can attend** these family events; however **parents and caregivers who have children with disabilities have priority**.
- Most events require **individual registration in advance**.
- Family Workshops or Parent Support Network events with **fewer than 5 registrations may be subject to cancellation**.



ONLINE FAMILY RESOURCE CENTRE

Holland Bloorview's Grocery Foundation Family Resource Centre is a place where you can find information and resources on childhood disability that are helpful to you and your family.

For information on parenting, education, fun things to do, respite care, funding and more: www.hollandbloorview.ca/resourcecentre

If you are looking for COVID-19-related resources, visit: www.hollandbloorview.ca/covid-19

For resource consultations, please email: resourcecentre@hollandbloorview.ca

For full event descriptions and registrations, scan the QR code below or visit: www.hollandbloorview.ca/familyevents



Holland Bloorview
Kids Rehabilitation Hospital

REVISED FEBRUARY 2021



Many events in this brochure are generously supported by donors and the Holland Bloorview Foundation.

Learn more about the Family Resource Centre by viewing this [Funding and Family Support Resources Video](#) produced for Holland Bloorview's 7th Annual virtual Recreation, Respite and Life Skills Fair, which took place in January, 2021

Learn more about recreation, respite and life skills programs available to families across the GTA by viewing the [Recreation, Respite and Life Skills Fair Exhibitors Videos](#) (Available for viewing from February-April, 2021)

 **Sibling Support:**
February 18, 2021, Time to be determined based on family availability.
For more information contact Victoria Rombos
siblingsupport@hollandbloorview.ca

 **Paperwork Party:**
Support with Completing Funding Applications
Tuesday, Feb. 23, 10am-11:30am
[Register Here](#)
*Participants are strongly encouraged to view 'Part 1 - Funding Overview' video before attending a Paperwork Party in order to maximize the benefits of this workshop. To access the video and more information, Please contact Stephanie Moynagh at smoynagh@hollandbloorview.ca 416-425-6220 ext. 6146

MARCH 2021

 **Parent Support Network:**
Let's talk about:
Music Therapy for Families & Caregivers
Wednesday, March 3, 7pm-8:30pm
[Register Here](#)
For more information contact Stephanie Moynagh
smoynagh@hollandbloorview.ca
416-425-6220 ext. 6146

 **Family Workshop:**
Mental Health Support for Caregivers: A Panel Discussion
Wednesday, March 24, 7pm – 8:15pm
For more information contact Stephanie Moynagh
smoynagh@hollandbloorview.ca
416-425-6220 ext. 6146

 **Solution Focused Communication Workshop for Families: Conflict Resolution**
Monday, March 8, 6:30pm-8:30pm

Workshop for Families: The Fundamentals
Saturday, March 27, 9am-12pm
For more information contact Elaine Cook
ecook@hollandbloorview.ca
416-425-6220 ext. 3848
[Register Here](#)

 **Paperwork Party:**
Support with Completing Funding Applications
Tuesday, March 30, 7pm-8:30pm
*Participants are strongly encouraged to view 'Part 1 - Funding Overview' video before attending a Paperwork Party in order to maximize the benefits of this workshop. To access the video and more information, Please contact Stephanie Moynagh at smoynagh@hollandbloorview.ca 416-425-6220 ext. 6146

 **Sibling Support:**
March 25, 2021, Time to be determined based on family availability. For more information contact Victoria Rombos
siblingsupport@hollandbloorview.ca

APRIL 2021

 **Parent Support Network:**
Parenting Strategies for Teaching/Coaching Children
Wednesday, April 7, 10am-11:30am
For more information contact Stephanie Moynagh
smoynagh@hollandbloorview.ca
416-425-6220 ext. 6146

 **Family Workshop:**
Social Media Digital Awareness & Literacy with Yorktown Family Services
Date TBD, 7pm-8pm
For more information contact Stephanie Moynagh
smoynagh@hollandbloorview.ca
416-425-6220 ext. 6146

 **Sibling Support:**
April 22, 2021, Time to be determined based on family availability. For more information contact Victoria Rombos
siblingsupport@hollandbloorview.ca

 **Solution-Focused Communication: Workshop for Families: Reframing and Goal-Setting**
Monday, April 12, 6:30pm-8:30pm

Workshop for Families: The Fundamentals
Saturday, April 24, 9am-12pm
For more information contact Elaine Cook
ecook@hollandbloorview.ca
416-425-6220 ext. 3848
[Register Here](#)

 **Paperwork Party:**
Support with Completing Funding Applications
Tuesday, April 27, 10am-11:30am
*Participants are strongly encouraged to view 'Part 1- Funding Overview' video before attending a Paperwork Party in order to maximize the benefits of this workshop. To access the video and more information, Please contact Stephanie Moynagh at smoynagh@hollandbloorview.ca 416-425-6220 ext. 6146

FEBRUARY 2021

 **Parent Support Network:**
Let's talk about:
Navigating Special Education
Wednesday, February 10, 7-8:30pm
[Register Here](#)

This event will be followed by a **Parent Support Network Tea & Chat Drop-in on February 17th, 11am-12pm.**
For more information contact Stephanie Moynagh
smoynagh@hollandbloorview.ca
416-425-6220 ext. 6146

 **Solution-Focused Communication Workshop for Families: Advocacy**
Monday, February 8, 6:30pm-8:30pm

Workshop for Families: The Fundamentals
Saturday, February 27, 9am-12pm
For more information contact Elaine Cook
ecook@hollandbloorview.ca
416-425-6220 ext. 3848
[Register Here](#)