## Participate in Research

Assessing the frequency and experience of bullying or peer victimization in children with Muscular Dystrophy and Congenital Myopathies

## Principal Investigator:

#### Dr. Laura McAdam

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## TO ASK QUESTIONS OR TO SIGN UP, CONTACT

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### Have you ever been bullied? Have you ever been cyberbullied? Share your experiences with us.

#### What is this study about:

1 in 3 kids in Canada get bullied for reasons like how they look or talk. Kids get bullied in person and online. We think bullying might happen more to kids with muscular dystrophy/congenital myopathies, but no one has asked them about it yet. We want to find out how often kids with muscular dystrophy/congenital myopathies get bullied and how it affects their life. Telling us your experiences will help.

#### Who can participate?

We are looking for youth...

- with Muscular Dystrophy or Congenital Myopathies,
- 10-19 years old, and
- who speaks and reads English or French ... and their parents.

#### What's involved?

- Youth: 1 hour online survey
- Parent: 20 minute online survey
- We may also ask you to do an interview with us by video/phone call

#### **Potential Benefits?**

• If we know when, where and how kids with muscular dystrophy/congenital myopathies get bullied, we can help kids better if they get bullied, or even stop it.

#### **Potential Risks?**

• We will ask you questions about your bullying experiences, which may be hard to answer and make you sad, anxious or stressed.

Participants who complete a survey and/or interview will receive a small token of appreciation to thank them for their time.

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