

FREE VIRTUAL WORKSHOP: Understanding Motor Learning Challenges in Children and Youth – Optimizing Success

Do you or your child have trouble with activities that require physical coordination, like sports and writing?

Do they appear “clumsy” or “awkward” with their movement or approach to new physical activities? Do they avoid these activities altogether?

Do you have a student who has trouble participating in class activities because of coordination difficulties or trouble starting a task?

Coordination challenges can be a symptom of motor planning challenges and/or Developmental Coordination Disorder (DCD), a condition that affects up to six per cent of school-aged children. Young people with DCD often struggle with daily activities such as:

- Dressing • Eating • Writing • Playing • Speech

Holland Bloorview is hosting a **FREE** virtual workshop for kids, teens, parents, and educators to learn about strategies and resources for young people with coordination and motor planning challenges.

This is an evidence-informed workshop developed by a team that includes a developmental pediatrician, occupational therapist, physical therapist, speech language pathologist and psychologist.

The workshop provides:

- information about motor planning challenges and DCD
- coping techniques and strategies
- tools and resources for families
- information about supports available in the community



WORKSHOP INFORMATION

Join us on Thursday, January 28th, 2021, 7:00–8:30PM

The workshop will be held virtually over Zoom (link will be provided to registrants)

Registration is required by Thursday January 21st, 2021

To register or for more information, please contact Leah Wong:
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