

Contacts:

Local: 416-425-6220

Fax: 416-422-7043

Toll-free: 1-800-363-2440

Paediatrician

Dr. Laura McAdam
Ext. 6123

Nurses

Ext. 3570/3341

Respiratory therapist

Ext. 3329

Physiotherapist

Ext. 3407/3487

Occupational therapist

Ext. 3747/3206

Social worker

Ext. 3580

Speech-language pathologist

Ext. 3443

Psychologist

Ext. 3472

Therapeutic recreation specialist

Ext. 3284

Youth facilitator

Ext. 3600

Clinic coordinator

Ext. 3835

Operations manager

Ext. 3409

To reschedule or cancel your clinic appointment, please call Appointment Services at **416-425-6220 ext. 6044**

About Holland Bloorview Kids Rehabilitation Hospital

Holland Bloorview Kids Rehabilitation Hospital creates a world of possibility by supporting children and youth living with disability, medical complexity, illness and injury. Holland Bloorview is a top 40 Canadian research hospital that is fully affiliated with the University of Toronto and serves over 7,500 families annually. Providing both inpatient and outpatient services, Holland Bloorview is renowned for its expertise in partnering with clients and families to provide exceptional care and is the only organization to ever achieve 100 per cent in two successive quality surveys by Accreditation Canada. Holland Bloorview is a founding member of Kids Health Alliance, a network of partners working to create a high quality, consistent and coordinated approach to pediatric health care that is centred around children, youth and their families. For more information or to donate, please visit hollandbloorview.ca or connect on Twitter, Facebook, Instagram, LinkedIn and parent-blog BLOOM.



Holland Bloorview Kids Rehabilitation Hospital

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Welcome to Holland Bloorview

Information about your visit to the neuromuscular clinic

Holland Bloorview
Kids Rehabilitation Hospital

The neuromuscular clinic provides services to children and their families affected by neuromuscular disorders. Using a client- and family-centred approach, we develop a plan with you and your child to reach your goals.

What to expect on your first visit:

- The clinic team will do a full assessment and partner with you to determine your child's goals and needs
- You will be given information about treatment choices, equipment, other specialists and community resources
- We will develop a plan together to ensure appropriate follow-up care

Follow-up visits:

- Ongoing appointments will be booked as needed to monitor and support you and your family as goals and needs change

General information:

- Allow **3 hours** for each clinic appointment
- **48 hours** cancellation notice is required



Care team:

Paediatrician

- A doctor who monitors your child's medical needs and care, provides information and treatment choices

Nurse

- Answers questions related to day-to-day management of your child's condition
- Provides information on nutrition and health management
- Assists your family in developing a plan for responding to medical emergencies

Respirologist and respiratory therapist

- Monitors your child's respiratory (breathing) status by providing ongoing clinical assessment and performing investigations such as pulmonary (lung) function testing
- Provides counselling or education on respiratory care including breathing exercises and clearing the lungs of mucus
- Assists in the acquisition of respiratory equipment as required

Physiotherapist

- Assesses your child's gross motor abilities, range of motion and strength
- Provides education on physical activities, home program and energy conservation
- Provides recommendations on equipment, orthoses and recreational activities

Occupational therapist

- Assesses your child's physical skills and abilities
- Identifies ways to promote independence and safety during daily activities
- Provides consultation related to home and vehicle accessibility, personal and self-care activities or equipment, mobility equipment (e.g. wheelchairs), recreational and leisure activities

Social worker

- Provides counselling, support and education related to adjustment to disability, parenting, family stress, peer and school issues, future planning, transitions, and can help navigate financial assistance and other community resource applications

Speech-language pathologist

- Identifies skills and needs in the areas of speech and language including comprehension, expression and articulation
- Provides consultation and education about feeding and swallowing concerns and makes onward referrals for further assessment
- Provides recommendations on strategies to promote speech-language and feeding/swallowing skill development

Psychologist

- Identifies learning abilities and needs for planning school programming
- Provides consultation about behavioural and emotional issues

Therapeutic recreation specialist and life skills coach

- Provides consultation on developing social connections and friendships and meaningful ways to participate in the community
- Provides resources and connections to community life skills and recreation programs

Youth facilitator

- Uses their lived experience as a person with a disability to answer questions, provide resources and address: Challenges faced when living with a disability, transitioning to adult care, independent living, post-secondary education, friendship, advocacy, employment and more

Clinic coordinator

- Organizes the clinic, answers general questions and helps you find your way around the hospital