What should I do if...

My child/spouse/household member's classroom/school is in outbreak?

Someone in my household is being tested for COVID-19.

Does your child/spouse/household member have symptoms?

Yes

1. Have your child/spouse/household member tested for COVID-19 and follow any guidelines from their school and Public Health.
2. Remain home from work and monitor for symptoms. If you develop symptoms, please get tested. If you are able to work from home, speak with your manager.
3. Follow-up with Occupational Health (x3020) for return to work clearance.

No

1. Follow any guidelines from the school and/ or Public Health.
2. If your child/spouse/household member is pending a COVID-19 test, you can continue to come into work, as scheduled.
3. If your child/spouse/household member's results come back positive, please go home, self-isolate and follow-up with Occupational Health (x3020) for further guidance on return to work clearance.
4. If your child/spouse/household member's results are negative, please continue to monitor all members of the household. If symptoms arise in any member of the household including yourself, please go to a COVID-19 assessment centre for testing and follow-up with Occupational Health (x3020) for further direction.

I received an alert of a positive contact through the COVID Alert App?

1. Follow the guidance on the app, including getting tested for COVID-19.
2. Self-isolate until your test results are received. If you are able to work from home, please discuss with your manager.
3. If your test results are negative and you are asymptomatic, you can return to work. Please provide a copy of your results to Occupational Health.
4. Continue to self-monitor for 14 days from app notification. If symptoms develop, please self-isolate and contact Occupational Health for further direction (x3020)

I have traveled to another province/territory in the last 14 days?

Someone in my household is a direct contact of a positive COVID-19 person and is pending a COVID-19 test?

Do you or the member of your household have symptoms?

Yes

1. Remain home from work, get tested and self-isolate until results are received. If you are able to work from home, please discuss with your manager.
2. Follow any direction provided by Public Health.
3. If a member of your household is symptomatic, please self-monitor in yourself for any symptoms and get tested if any develop.
4. Contact Occupational Health (x3020) for return to work clearance.

No

1. Continue to come into work, as scheduled.
2. Self-monitor for 14 days for any symptoms. If symptoms develop in either yourself or a member of your household, stay home get tested for COVID-19 and contact Occupational Health (x3020) for further direction.

I am scheduled for surgery/ procedure and need to get a COVID-19 test completed.

1. If you are asymptomatic, you can continue to come into work while you are pending the results of your swab.
2. If your test results are positive, please self-isolate and follow-up with Occupational Health (x3020) for further direction.

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