

# TRANSITIONS POP-UP

Connect with the March of Dimes Canada LIFE Program

## Try a Virtual Transitions Pop-Up!



**Who:** Holland Bloorview **youth and alumni 16-30 years old.**

**What:** Free **virtual interactive tai chi session** with other Holland Bloorview clients, staff, youth from the LIFE Program. Participate in a way that works for you!

**Where:** Virtual through Zoom

**When:** **Friday, June 19, 2020**  
**1:00pm – 2:00pm**

**Why:** Have fun, be with others, and try something new from home!  
Get to know March of Dimes LIFE Program for free.

**How:** **Register by Wednesday, June 17, 2020** by contacting:  
Julia Kowal  
[jkowal@hollandbloorview.ca](mailto:jkowal@hollandbloorview.ca)



Brought to you in partnership with Holland Bloorview's [Transition Strategy](#) and [March of Dimes LIFE Program](#) Toronto.