



Holland Bloerview

Kids Rehabilitation Hospital

Transitions, recreation and life skills development

SUMMER 2020

Ages 7–18 (up to 21 if still in high school)

Our programs provide experiential learning opportunities in real world settings to children and youth with disabilities who are clients of Holland Bloorview. Our goal is to support the most meaningful and healthy futures for children and youth with disabilities.

Transitions, recreation and life skills development AGES 7 – 14

These programs are for participants who can:

- Identify personal reasons for wanting to join the program (with help from their families) and are willing to set and work on personal learning goals during the program
- Contribute to and learn from activities with peers (we do a lot of learning in group workshops)

Please note:

- * Priority will be given to first time participants.
- * Attendant care is provided in our group programs, however we do not provide 1:1 support for medical or behavioural needs. If 1:1 support is needed, it is the participant's responsibility to make arrangements to schedule and pay for their own worker. (We request 1:1 support be provided by a non-family member.)
- * Transportation to and from programs is the responsibility of the participants/caregivers.
- * For participation in overnight programs, participants must be deemed medically stable by family physician. (Form provided with registration package following acceptance notification.)

RECREATION AWARENESS AND FRIENDSHIP SKILLS

Fun with friends

Make new friends, practice conversation skills, teamwork, taking turns and cooperation. Learn why it is important to have fun while participating together in recreation activities. (1 week program)

Ages 7–14

July 6–10, 2020 – Level 1

\$150.00

or

July 13–17, 2020 – Level 2

(Team will recommend/select the level for each applicant)

10 a.m. – 4 p.m. daily (Monday – Friday)

Holland Bloorview and in the community

HEALTHY LIFESTYLES

Busy bodies

Learn about healthy lifestyles through fun, fitness and nutritious meal preparation.

Ages 7–14

July 27–31, 2020

\$150.00

10 a.m. – 4 p.m. daily (Monday – Friday)

Holland Bloorview and in the community



INTEGRATED CAMPING

Camp Connection **Zz Overnight Program**

Experience an overnight camp for the first time. Participate in popular camp activities including archery, swimming, campfire, arts and crafts, rock climbing, canoeing, horseback riding and more.

Please note that these camp grounds are not wheelchair or walker accessible. If you are interested in a camp that is physically accessible, please contact us for more information.

Ages 9–14	August 4–7, 2020 (Tuesday – Friday) Cedar Ridge Camp, McArthur Mills, ON Transportation is provided to and from camp, drop off and pick up is at Holland Bloorview.	\$400.00
-----------	--	----------

ADAPTED RECREATION

Access boom sailing

Learn to sail in a safe and supportive environment. Participants learn basic sailing skills using adapted sailing equipment.

Ages 7–14	August 17–21, 2020 9 a.m. – 4 p.m. daily Etobicoke Yacht Club 300 Humber Bay Park Road West	\$150.00
-----------	---	----------

Recreation equipment loan service

This service provides families with the opportunity to borrow adapted recreation equipment to try out at home.

Ages birth–18 (up to 21 if still in high school)	Year round by appointment Bookings available for up to two weeks
--	---



Transitions, recreation and life skills development AGES 15–18 (up to 21 if still in high school)

These programs are for participants who can:

- Give some basic information about disability/diagnosis and assist in directing personal care (if assistance is needed)
- Identify personal reasons for wanting to join the program and are willing to set and work on personal learning goals during the program
- Contribute to and learn from activities with peers (we do a lot of learning in group workshops)

Please note:

- * Priority will be given to first time participants.
- * Attendant care is provided in our group programs, however we do not provide 1:1 support for medical or behavioural needs. If 1:1 support is needed, it is the participant's responsibility to make arrangements to schedule and pay for their own worker. (We request 1:1 support be provided by a non-family member.)
- * Transportation to and from programs is the responsibility of the participants/caregivers.
- * For participation in overnight programs, participants must be deemed medically stable by family physician. (Form provided with registration package following acceptance notification.)



LIFE SKILLS DEVELOPMENT AND PREPARATION FOR TRANSITIONS

Turning point **Zz Overnight Program**

Live in residence overnight for five days and work on independence skills.

Ages 16–18
(up to 21 if
still in high
school)

July 6–10, 2020

Overnight program living in
college residence

Durham College, Oshawa
200 Simcoe Street North

\$525.00

Making it happen

Start to work on life skills to become more independent.

Ages 15–18
(up to 21 if
still in high
school)

July 22–23, 2020

AND

July 27–30, 2020 (8 day program)

10 a.m.–3 p.m. (Monday – Thursday)

March of Dimes, 10 Overlea Blvd.
and in the community

\$240.00

The Independence Program **Zz Overnight Program**

Experience living away from home for three weeks, make your own meals, direct your own care and navigate safely in the community.

Ages 17–18
(up to 21 if
still in high
school)

July 26–Aug 14, 2020

Overnight program living in
college residence

Seneca College
Newnham Residence
1760 Finch Avenue East

\$1700.00 + spending
money
(Please refer to back
page for financial
assistance information,
if required)

PUBLIC TRANSIT SKILLS

Summer in the city

Learn about public transit and practice using it with staff support.

Ages 15–18
(up to 21 if
still in high
school)

August 10–13, 2020

AND

August 17–20, 2020 (8 day program)

10 a.m.–3 p.m. (Monday – Thursday)

Vibrant Healthcare Alliance–
Anne Johnston site, 2398 Yonge Street
and in the community

\$240.00

ADAPTED RECREATION

Access boom sailing

Learn to sail in a safe and supportive environment. Participants learn basic sailing skills using adapted sailing equipment.

Ages 15–18
(up to 21 if
still in high
school)

August 24–28, 2020

9 a.m.–4 p.m. daily

Etobicoke Yacht Club
300 Humber Bay Park Road West

\$150.00

INTRODUCTION TO THE WORLD OF WORK

Youth employment participation pathways (Summer & school year options)

Many teens with disabilities want to participate in the world of work. High school students often start by doing chores, volunteering, taking co-op and getting part-time or summer jobs. Are you looking for support to get started? Come to one of our Information & Application Sessions to learn more. Please see <https://www.hollandbloorview.ca/services/programs-services/youth-employment-programs>



How to apply

Please print and complete the application form at www.hollandbloorview.ca/trlifekills. Return by mail, hand, or fax. Please do not email any forms to us.

Holland Bloorview Kids Rehabilitation Hospital

150 Kilgour Rd., Toronto, ON M4G 1R8

c/o Transitions, recreation and life skills Fax: 416-422-7037

If you have questions, please call us at **416-425-6220 ext. 6208**

Application timelines

We are dedicated to ensuring that each participant is put in the most appropriate program. For clients with greater medical or behavioural complexity (i.e. support is needed from external parties), we may need additional information or preparation to help our selection process. In these situations, time lines may differ and notification of application or registration may be delayed. We apologize for any inconvenience this may cause. Priority placement in programs will be given to clients that are new to our service, have already completed a screen and are currently on our wait list.

Application due date: **February 28, 2020**

Notification date: **April 6, 2020**

Payment date: **May 15, 2020**

Funding Application date: **May 15, 2020**

*All funding applications should be submitted by this date to receive approval before the program starts. If funding approval has not been received before the program starts, full payment will still be required. The finance department may be contacted to discuss payment plan options.

For funding information/application please contact our Family Resource Centre

Email: resourcecentre@hollandbloorview.ca

Tel: **1-877-463-0365**

Cancellation policy

Notification of withdrawal is required two weeks before the program starts (1 month for The Independence Program TIP) or full fee will be charged. A cancellation fee of \$50 will apply if notification is not given within this time period, full program fee will be charged.

When accepted to a program, the TRLS staff will work with clients and families to make sure their identified support needs are met. However when all possible avenues have been exhausted, it may be determined that we are unable to meet the participant's needs and program participation cannot continue. Any decision like this will be made in collaboration with the family, client, program staff and manager.