

# Work experience opportunities

## Holland Bloorview's employment participation programs

Many teens with disabilities want to participate in the world of work. High school students often start by doing chores, volunteering, taking co-op and getting part-time or summer jobs.

Do you have questions about how to get started or are you looking for support? Join us to learn more.

## INFORMATION & APPLICATION SESSIONS for youth & parents

Holland Bloorview's employment participation programs

### Who's invited: Youth

- Living with a disability<sup>1</sup> who want to start to build work experience
- In high-school - grades 9, 10, 11 or 12
- Have questions about how to start or are looking for support

### Date options:

Option 1: Saturday, January 25, 2020 from 1:00-2:30

OR

Option 2: Saturday, February 22, 2020 from 10:00-11:30

You must attend 1 of the 2 date options if you are new to our employment service in the 2019/20 school year. Application forms will be available at the session.

Youth and a parent (or other family member) must attend the Information Session together.

### Session overview:

- Why early work experience is important and how it helps – hear from Youth Mentors
- What programs/services are available to support you – see next page
- *Youth:* Participate in a work experience activity
- *Parents:* Parent Q&A session
- Program application form available (if you wish to join our programs)

After attending this session and if you complete an application form, we will contact you to arrange for a personal discussion (phone or in person) about your goals and our recommendations for programs or services to support you.

### RSVP to:

Carling Robertson  
416-425-6220 Ext 6345 [crobertson@hollandbloorview.ca](mailto:crobertson@hollandbloorview.ca)

**Note:** If you are interested in our Leading the Way co-op program and are already registered for co-op in semester 2, please contact us by December 2019 to arrange a separate meeting.

## Overview of our programs & services:

	Who	When	What
<b>Youth@Work</b> <i>Accepting applications for Summer 2020</i>	High school students ages 15-21 who want to build life skills, learn about their strengths and interests, and get work experience	3 weeks during the Summer (2020)  Includes some meetings with parents	You do work placements at Holland Bloorview and earn volunteer hours. A job coach supports you to work on your goals and learn your role. You meet other participants for part of each day for employment skills workshops.
<b>Volunteer-ABLE 1</b> <i>Accepting applications for 2020/21</i>	High school students ages 14-21 who want to earn volunteer hours and start helping out in their community and at home	School year 2019/20  Mix of PA days, some weekends, March Break  Includes some mandatory parent meetings/sessions	Try a variety of types of volunteering. We volunteer as a group at not-for-profit organizations in Toronto, including at Holland Bloorview. You learn new skills and agree with your parents to take on responsibilities at home.
<b>Volunteer-ABLE 2</b> <i>Accepting applications for 2020/21</i>	High school students ages 14-21 who are ready to make a regular volunteering commitment	School year 2019/20  Evening or weekends  Includes some mandatory parent meetings/sessions	Volunteer at least 2 times a month for at least 3 months with a Toronto-based not-for-profit organization. Job coaching is available when you start.
<b>Employment Action Group</b> (formerly Job Finding Group) <i>Accepting applications for 2020/21</i>	High school or post-secondary students <sup>2</sup> ages 15-26 who want to actively look for a volunteer position and/or paid job	Fall 2020 start date  Weekend group sessions and 1:1 meetings (~ 7 over 5-6 months)  Parent must attend sessions	You set a job search goal, make an action plan, learn how to job search, and make your goal happen. You also learn about employment resources you can use when you need them.
<b>Leading the Way</b> <i>Accepting applications for Winter 2020 semester</i>	High school or post-secondary students who are enrolled in an experiential learning program	2019/20 school year	Co-op experience in a department/program that aligns with your educational program. Job coaching is available when you start. In addition to your work placement, you may interact with other students in career development activities including mentoring.
<b>Ready to Work</b> <i>Applications accepted after participating in other programs</i>	High school or post-secondary students who want a summer job may be eligible based on past participation. Information is sent to eligible youth in November or December each year.	Group and individual preparation + 3+ weeks (CNE stream) or 8 weeks during July/August	Holland Bloorview job coaches help you connect with a Toronto employer and get you started in your paid summer job.  You apply and interview to be part of Ready to Work after participating in: <ul style="list-style-type: none"> <li>• One of Youth@Work <u>or</u> VolunteerABLE2 <u>or</u> Leading the Way, <u>and</u></li> <li>• Employment Action Group (formerly Job Finding Group)</li> </ul>

### Notes:

1. Our programs are open to youth who have a physical and/or intellectual disability and/or an autism spectrum disorder. We also support youth who may have mental health challenges in *addition* to their physical or intellectual disability.
2. During high school, if not already a client of Holland Bloorview, youth with disabilities listed above can join our experience programs. Past clients of Holland Bloorview who are now in post-secondary education may be eligible for some programs and/or consultation services. If you are an eligible post-secondary student with employment goals, you can contact us to arrange an appointment.
3. We provide attendant services in many of our group programs and job coaching but not 1:1 support for medical or behavioural needs. If needed, it is the participant's responsibility to schedule and pay for their own 1:1 assistance. We request that 1:1 support be provided by a non-family member.
4. There are fees for most programs but financial assistance may be available.

These programs are part of the Transitions, Recreation and Life Skills services at Holland Bloorview and are linked to our organization's strategy to support transitions to adult life. All of our employment programs are supported by donations to the Holland Bloorview Kids Rehabilitation Hospital Foundation. Capital One supports our Youth@Work and Ready to Work programs.



**Holland Bloorview Kids Rehabilitation Hospital**

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