

# Participate in Research

*KneuroKnits*: Evaluating social participation and anxiety response associated with participation in a knitting group for people with neurological conditions (pilot study)



**Principal Investigator:**  
Melanie Penner, MD

**Centre for Leadership:**  
Child Development, Innovation, & Participation & Inclusion



## TO ASK QUESTIONS OR TO SIGN UP, CONTACT

Jenny Nguyen 416-425-6220 x 6412  
OR  
jnguyen@hollandbloorview.ca

Date Posted:

Version Date: Sept 19, 2018

Are you a person with a neurodevelopmental disorder, physical disability, or acquired brain injury interested in learning a new skill and interacting with other people with similar conditions? Participate in our *KneuroKnits* knitting program

### What is this study about?

The study will look to understand the social participation and anxiety responses associated with an 4-week group knitting program for people with neurodevelopmental disorders, physical disabilities, and acquired brain injuries

### Who can participate?

We are looking for youth meeting the following criteria:

- Age 15-24
- Have a diagnosis of neurodevelopmental disorder, physical disability, and/or acquired brain injury (but not intellectual disability)
- Can attend a weekly program at Holland Bloorview or at the Ontario Science Centre
- Can understand and follow instructions in English
- Can manipulate regular or adapted knitting materials

### What's involved?

- Participate in a weekly knitting group for 4 weeks
- Wearing a heart rate monitor during the sessions
- Participate in questionnaires and 1 interview about your experiences

### Potential Benefits?

- You will meet new people
- You will learn knitting, a new skill
- You will help us to make our program as helpful as possible for other people

### Potential Risks?

- Participating in research can make people nervous or uncomfortable, but you can stop at any time
- Knitting needles can be used to harm yourself or others, we will work with participants to make sure this does not happen

**REB #: 17-717**