

Spring Summer Regular Diet Menu | Week 1 2026

Breakfast

Lunch

Dinner

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Choice of Juice Cream of Wheat Turkey Breakfast Sausages WW Toast w/Margarine Assorted Jams & Spreads Diced Pineapple 2% Milk ALTERNATES Assorted Cold Cereal Banana Muffin	Choice of Juice Oatmeal Hard Boiled Egg English Muffin Assorted Jams & Spreads Mandarin Oranges 2% Milk ALTERNATES Assorted Cold Cereal Bran Muffin	Choice of Juice Cream of Wheat Scrambled Eggs Pancakes Syrup Banana 2% Milk ALTERNATES Assorted Cold Cereal Apple Cider Muffin	Choice of Juice Oatmeal Crispy Turkey Bacon Raisin Toast Assorted Jams w/ Spreads Peach Slices 2% Milk ALTERNATES Assorted Cold Cereal Oatmeal Raisin Muffin	Choice of Juice Cream of Wheat Cheddar Cheese Omelet Bagel Assorted Jams & Spreads Fruit Cocktail 2% Milk ALTERNATES Assorted Cold Cereal Bran Muffin	Choice of Juice Oatmeal Hard Boiled Egg WW Toast w/Margarine Assorted Jams & Spreads Banana 2% Milk ALTERNATES Assorted Cold Cereal Muffin Lemon Cranberry	Choice of Juice Cream of Wheat Turkey Breakfast Sausage French Toast Syrup Tropical Fruit Salad 2% Milk ALTERNATES Assorted Cold Cereal Blueberry Passion Muffin
Lunch	SOUP: Butternut Squash MAIN Vegetable Pizza Parslied Cauliflower Tropical Fruit Salad 2% Milk ALTERNATES Egg Salad Sandwich WW Mixed Beans Salad Maple Chocolate Cake	SOUP: Lentil & Vegetable MAIN Fish Sticks w/ Tartar Sauce French Fries Green Peas Assorted Fresh Fruit Bowl 2% Milk ALTERNATES Ham w/ Lettuce on Wheat Celery and Carrot Sticks w/ Dip Vanilla Ice Cream	SOUP: Hearty Minestrone MAIN Macaroni & Cheese Broccoli Floret Fruit Cocktail 2% Milk ALTERNATES Roast Beef Sandwich Garden Salad Pound Cake	SOUP: Cream of Vegetable MAIN Perogies w/Cheese and Sour Cream Green Peas & Corn Chef's Choice Fruit 2% Milk ALTERNATES Turkey Cheddar Wrap Potato Salad Strawberry Mousse	SOUP: Chicken Veg Noodle MAIN Parmesan Crusted Basa Sweet Potato Fries Dice Carrots Applesauce 2% Milk ALTERNATES Egg Salad Sandwich WW Creamy Coleslaw Iced Banana Cake	SOUP: Vegetable Beef MAIN Pepperoni Pizza Italian Spice Green Beans Orange Sections 2% Milk ALTERNATES Chicken Salad Sandwich WW Garden Salad Vanilla Ice Cream	SOUP: Broccoli Cheese MAIN Vegetable Lasagna Green Peas Assorted Fresh Fruit Bowl 2% Milk ALTERNATES Cucumber & Cream Cheese S/W Macaroni Salad Celery and Carrot Sticks w/ Dip Chocolate Chip Cookie
Dinner	MAIN BBQ Chicken Parisienne Potatoes Broccoli Florets Chocolate Ice Cream 2% Milk WW Dinner Roll ALTERNATES Applesauce	MAIN Beef Meatloaf Mashed Potatoes Buttered Corn Oatmeal Raisin Cookie 2% Milk WW Dinner Roll ALTERNATES Peach Slices	MAIN Teriyaki Chicken Steamed Rice Carrot Coins Mini Two-Bite Brownie 2% Milk WW Dinner Roll ALTERNATES Orange Sections	MAIN Chicken Fried Rice Parslied Cauliflower Strawberry Frozen Yogurt 2% Milk WW Dinner Roll ALTERNATES Applesauce	MAIN Beef Stew Baked Potato Chef's Choice Vegetables Caramel Cake 2% Milk WW Dinner Roll ALTERNATES Tropical Fruit Salad	MAIN Chicken Alfredo Penne Green Peas Chocolate Pudding 2% Milk WW Dinner Roll ALTERNATES Diced Pears	MAIN Shepherd's Pie Beef Gravy Diced Squash Rainbow Sorbet 2% Milk WW Dinner Roll ALTERNATES Peach Slices

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** Soup and crackers are available at lunch and dinner

Spring Summer Regular Diet Menu | Week 2 2026

Breakfast

Lunch

Dinner

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Choice of Juice Oatmeal Scrambled Eggs WW Toast w/ Margarine Assorted Jams & Spreads Diced Pears 2% Milk ALTERNATES Assorted Cold Cereal Apple Cider Muffin	Choice of Juice Cream of Wheat Turkey Breakfast Sausages Waffles Syrup Mandarin Oranges 2% Milk ALTERNATES Assorted Cold Cereal Oatmeal Raisin Muffin	Choice of Juice Oatmeal Scrambled Eggs WW Toast w/ Margarine Assorted Jams & Spreads Diced Pineapple 2% Milk ALTERNATES Assorted Cold Cereal Bran Muffin	Choice of Juice Cream of Wheat Cheddar Cheese Omelet English Muffin Assorted Jams & Spreads Banana 2% Milk ALTERNATES Assorted Cold Cereal Lemon Cranberry Muffin	Choice of Juice Oatmeal Turkey Breakfast Sausages Raisin Toast Assorted Jams & Spreads Peach Slices 2% Milk ALTERNATES Assorted Cold Cereal Blueberry Passion Muffin	Choice of Juice Cream of Wheat Hard Boiled Egg WW Toast w/ Margarine Assorted Jams & Spreads Mandarin Oranges 2% Milk ALTERNATES Assorted Cold Cereal Banana Muffin	Choice of Juice Oatmeal Crispy Turkey Bacon French Toast Syrup Tropical Fruit Salad 2% Milk ALTERNATES Assorted Cold Cereal Bran Muffin
Lunch	SOUP: Butternut Squash MAIN Perogies Potato & Cheese w/Bacon Chef's Choice Vegetables Fruit Cocktail 2% Milk ALTERNATES Turkey Cheddar Wrap Spinach Mandarin Salad Butter Tart Bar	SOUP: Cream of Mushroom MAIN Beef Soft Taco Diced Squash Peach Slices 2% Milk ALTERNATES Egg Salad Sandwich WW Cucumber Slices Vanilla Ice Cream	SOUP: Beef Barley Soup MAIN Grilled Cheese Sandwich California Mixed Vegetables Applesauce 2% Milk ALTERNATES Turkey Salad Sandwich WW Garden Salad Orange Sherbet	SOUP: Country Vegetable MAIN Pepperoni Pizza Broccoli Florets Tropical Fruit Salad 2% Milk ALTERNATES Tuna Salad Sandwich WW Caesar Salad Butterscotch Pudding	SOUP: Tomato Soup MAIN Chicken Burger w/Condiments Green Beans Apricot Halves 2% Milk ALTERNATES Roast Beef Sandwich on WW Tomato Cucumber Salad Iced Banana Cake	SOUP: Carrot Ginger MAIN Fish Sticks w/ Tartar Sauce French Fries Broccoli Florets Diced Pineapple 2% Milk ALTERNATES Chicken Caesar Salad Fresh Celery & Carrot Sticks Caramel Cake	SOUP: Vegetable Noodle MAIN Chicken Fingers w/ Plum Sauce French Fries Roasted Carrots Diced Pears 2% Milk ALTERNATES Egg Salad Sandwich WW Spinach Salad Jello
Dinner	MAIN Herb Baked Chicken Parisienne Potatoes Seasoned Green Beans Apple Pie 2% Milk WW Dinner Roll ALTERNATES Chef's Choice Fruit	MAIN Springtime Pasta Garlic Bread Broccoli and Cauliflower Strawberry Shortcake 2% Milk WW Dinner Roll ALTERNATES Banana	MAIN Chicken Fingers w/ Plum Sauce Sweet Potato Fries Glazed Carrots Ice Cream Sandwich 2% Milk WW Dinner Roll ALTERNATES Chef's Choice Fruit	MAIN Meat Lasagna Green Peas Chocolate Pudding 2% Milk WW Dinner Roll ALTERNATES Orange Sections	MAIN Maple Glazed Salmon Egg Noodles Chef's Choice Vegetables Chocolate Chip Cookie 2% Milk WW Dinner Roll ALTERNATES Diced Pears	MAIN Chili Con Carne Plain Tea Biscuit Parslied Cauliflower Lemon Streusel Cake 2% Milk WW Dinner Roll ALTERNATES Diced Mango	MAIN Turkey A La King Buttered Egg Noodles Buttered Corn Pound Cake 2% Milk WW Dinner Roll ALTERNATES Mandarin Oranges

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Spring Summer Regular Diet Menu | Week 2026

Breakfast

Lunch

Dinner

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Choice of Juice Cream of Wheat Scrambled Eggs Bagel Assorted Jams & Spreads Banana 2% Milk ALTERNATES Assorted Cold Cereal Lemon Cranberry Muffin	Choice of Juice Oatmeal Cheddar Cheese Omelet English Muffin Peach Slices 2% Milk ALTERNATES Assorted Cold Cereal Bran Muffin	Choice of Juice Cream of Wheat Crispy Turkey Bacon Raisin Toast Tropical Fruit Salad 2% Milk ALTERNATES Assorted Cold Cereal Banana Muffin	Choice of Juice Oatmeal Hard Boiled Egg Pancakes Syrup Mandarin Oranges 2% Milk ALTERNATES Assorted Cold Cereal Blueberry Passion Muffin	Choice of Juice Cream of Wheat Turkey Breakfast Sausages English Muffin Assorted Jams & Spreads Diced Pineapple 2% Milk ALTERNATES Assorted Cold Cereal Bran Muffin	Choice of Juice Oatmeal Cheddar Cheese Omelet WW Toast w/Margarine Assorted Jams & Spreads Banana 2% Milk ALTERNATES Assorted Cold Cereal Apple Cider Muffin	Choice of Juice Cream of wheat Turkey Breakfast Sausage French Toast Syrup Tropical Fruit Salad 2% Milk ALTERNATES Assorted Cold Cereal Oatmeal Raisin Muffin
Lunch	SOUP: Cream of Tomato MAIN Cheese Tortellini w/Marinara Sauce Green and Wax Beans Chef's Choice Fruit 2% Milk ALTERNATES Ham w/Lettuce on Wheat Spinach Salad Maple Chocolate Cake	SOUP: Chicken Veg Noodle MAIN Turkey Tetrizzini w/ Noodles Broccoli Florets Diced Pears 2% Milk ALTERNATES Tuna Salad Sandwich WW Apple Romaine Salad Vanilla Ice Cream Cup	SOUP: Hearty Minestrone MAIN Grilled Cheese Sandwich Green Beans Apricot Halves 2% Milk ALTERNATES Corned Beef S/W on RYE Creamy Cucumber Salad Lemon Buttermilk Cake	SOUP: Beef Barley MAIN Pepperoni Pizza Diced Carrots Diced Honey Dew 2% Milk ALTERNATES Chicken Caesar Salad Wrap Lettuce Tomato Salad Mini Two Bite Brownie	SOUP: Carrot Ginger MAIN Chicken Fingers French Fries Parslied Cauliflower Fruit Cocktail 2% Milk ALTERNATES Egg Salad Sandwich WW Fresh Celery & Carrot Sticks Ranbow Sorbet	SOUP: Country Vegetable MAIN Perogies w/Cheese & Sour Cream Seasoned Green Beans Diced Pears 2% Milk ALTERNATES Ham & Tomato Sandwich w/Mayo Caesar Salad Strawberry Shortcake	SOUP: Cream of Mushroom MAIN Beef Hamburger w/ Condiments Broccoli Florets Peach Slices 2% Milk ALTERNATES Sandwich Turkey Salad No Veg Spinach Mandarin Salad Oatmeal Raisin Cookie
Dinner	MAIN Beef Sloppy Joes Bread Bun Hamburger Roasted Vegetables Chocolate Pudding 2% Milk WW Dinner Roll ALTERNATES Diced Pineapple	MAIN Parmesan Crusted Basa Baked Potato Wedges Green Peas Apple Pie 2% Milk WW Dinner Roll ALTERNATES Mandarin Oranges	MAIN Chicken Fried Rice Buttered Corn Soft Turnover Cookie 2% Milk WW Dinner Roll ALTERNATES Banana	MAIN Spaghetti & Meatballs Broccoli Florets Pound Cake 2% Milk WW Dinner Roll ALTERNATES Peach Slices	MAIN Baked Fish w/Lemon Butter Lemon Thyme Cream Sauce Herb Roasted Potatoes Buttered Corn Lemon Tart 2% Milk WW Dinner Roll ALTERNATES Orange Sections	MAIN Beef Stew Mashed Potatoes Diced Squash Jello 2% Milk WW Dinner Roll ALTERNATES Chef's Choice Fruit	MAIN Parmesan Chicken Scalloped Potato Chef's Choice Vegetables Maple Chocolate Cake 2% Milk WW Dinner Roll ALTERNATES Applesauce

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** Soup and crackers are available at lunch and dinner

Spring Summer Regular Diet Menu | Week 4 2026

Breakfast

Lunch

Dinner

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	<p>Choice of Juice Oatmeal Scrambled Eggs WW Toast w/ Margarine Assorted Jams & Spreads Diced Pears 2% Milk</p> <p>ALTERNATES Assorted Cold Cereal Apple Cider Muffin</p>	<p>Choice of Juice Cream of Wheat Hard Boiled Egg Waffles Syrup Mandarin Oranges 2% Milk</p> <p>ALTERNATES Assorted Cold Cereal Oatmeal Raisin Muffin</p>	<p>Choice of Juice Oatmeal Crispy Turkey Bacon Raisin Toast w/ Margarine Assorted Jams & Spreads Diced Pineapple 2% Milk</p> <p>ALTERNATES Assorted Cold Cereal Apple Cider Muffin</p>	<p>Choice of Juice Cream of Wheat Hard Boiled Egg WW Toast w/ Margarine Assorted Jams & Spreads Banana 2% Milk</p> <p>ALTERNATES Assorted Cold Cereal Lemon Cranberry Muffin</p>	<p>Choice of Juice Oatmeal Turkey Breakfast Sausages English Muffin Assorted Jams & Spreads Peach Slices 2% Milk</p> <p>ALTERNATES Assorted Cold Cereal Blueberry Passion Muffin</p>	<p>Choice of Juice Cream of Wheat Cheddar Cheese Omelet WW Toast w/Margarine Assorted Jams & Spreads Applesauce 2% Milk</p> <p>ALTERNATES Assorted Cold Cereal Banana Muffin</p>	<p>Choice of Juice Oatmeal Crispy Turkey Bacon French Toast Syrup Tropical Fruit Salad 2% Milk</p> <p>ALTERNATES Assorted Cold Cereal Bran Muffin</p>
Lunch	<p>SOUP: Corn Chowder</p> <p>MAIN Chicken Leek Pot Pie Italian Spice Green Beans</p> <p>Fruit Cocktail 2% Milk</p> <p>ALTERNATES Egg Salad Sandwich on Croissant Cranberry Coleslaw Vanilla Pudding</p>	<p>SOUP: Lentil & Vegetable</p> <p>MAIN Creamy Macaroni & Cheese Broccoli Florets</p> <p>Diced Mango 2% Milk</p> <p>ALTERNATES Tuna Salad Sandwich WW Tossed Salad Sot Turnover Cookie</p>	<p>SOUP: Cream of Vegetable</p> <p>MAIN Chicken Fingers w/Plum Sauce French Fries Chef's Choice Vegetables</p> <p>Fruit Cocktail 2% Milk</p> <p>ALTERNATES Roast Beef Sandwich Fresh Celery & Carrot Sticks Strawberry Ice Cream</p>	<p>SOUP: Butternut Squash</p> <p>MAIN Beef Hamburger w/Condiments Roasted Vegetables</p> <p>Apple Pie 2% Milk</p> <p>ALTERNATES Turkey Cheddar Wrap Potato Salad Diced Pears</p>	<p>SOUP: Cream of Tomato</p> <p>MAIN Fish Taco Seasoned Green Beans</p> <p>Tropical Fruit Salad 2% Milk</p> <p>ALTERNATES Egg Salad Sandwich WW Caesar Salad Butter Tart</p>	<p>SOUP: Beef Barley</p> <p>MAIN Spaghetti & Meatballs Glazed Carrots</p> <p>Apricot Halves 2% Milk</p> <p>ALTERNATES Chicken Salad Sandwich WW Greek Salad w/Feta Strawberry Shortcake</p>	<p>SOUP: Hearty Minestrone</p> <p>MAIN Chicken Fried Rice Diced Squash</p> <p>Banana 2% Milk</p> <p>ALTERNATES Roast Beef Sandwich Cucumber Slices Oatmeal Raisin Cookie</p>
Dinner	<p>MAIN Pasta Penne w/ Meat Sauce Cauliflower Parslied</p> <p>Vanilla Pudding 2% Milk WW Dinner Roll</p> <p>ALTERNATES Diced Pineapple</p>	<p>MAIN Chicken Schnitzel Mashed Potatoes Green Peas</p> <p>Pound Cake 2% Milk WW Dinner Roll</p> <p>ALTERNATES Chef's Choice Fruit</p>	<p>MAIN Sweet and Sour Pork Steamed Rice Diced Carrots</p> <p>Lemon Streusel Cake 2% Milk WW Dinner Roll</p> <p>ALTERNATES Peach Slices</p>	<p>MAIN Cheese Ravioli w/ Tomato Sauce Buttered Corn</p> <p>Mini Two-Bite Brownie 2% Milk WW Dinner Roll</p> <p>ALTERNATES Apricot Halves</p>	<p>MAIN Crunchy Ranch Chicken Broccoli Florets Sweet Potato Fries</p> <p>Maple Chocolate Cake 2% Milk WW Dinner Roll</p> <p>ALTERNATES Peach Slices</p>	<p>MAIN Honey Glazed Salmon Herb Roasted Potatoes Green Peas and Corn</p> <p>Ice Cream Sandwich 2% Milk WW Dinner Roll</p> <p>ALTERNATES Diced Pineapple</p>	<p>MAIN Roast Turkey w/ Poultry Gravy Mashed Potatoes Green and Wax Beans</p> <p>Caramel Cake 2% Milk WW Dinner Roll</p> <p>ALTERNATES Diced Cantaloupe</p>

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** Soup and Crackers are available at Lunch and Dinner