

## MORE INFORMATION ABOUT WORKSHOPS AND EVENTS LISTED



### FAMILY WORKSHOPS

The Grocery Foundation Family Resource Centre provides educational workshops for clients with a range of disabilities and their families. Anyone in the community is welcome to attend.



### PARENT SUPPORT NETWORK

This is a unique series of events for parents and caregivers to engage in open discussion and provide mutual support. It is open to all caregivers of children and youth living with a disability.



### PAPERWORK PARTIES

Staff and family volunteers will share tips and resources to help you fill out applications like SSAH, ACSD and more. Paperwork Parties are a great way to connect with other caregivers and cross something off your to-do list.



### SOLUTION-FOCUSED COMMUNICATION FOR FAMILIES

A workshop series designed to help parents enhance their communication skills by highlighting their family strengths and resources.

**FUNDAMENTALS:** In the initial workshop, participants will learn the fundamental principles and skills of solution-focused communication.

#### ENHANCED SOLUTIONS:

A series of workshops that enhance skills learned in the Fundamentals workshop.



### SIBLING SUPPORT PROGRAM

Holland Bloorview's Sibling Support Program is accessible to all siblings, ages 7-18, who have a sibling with a disability, complex medical needs and/or dual diagnosis. It gives the siblings the opportunity to relax, unwind and meet peer who might share lived experiences.

## Holland Bloorview

Kids Rehabilitation Hospital

Holland Bloorview Kids Rehabilitation Hospital creates a world of possibility by supporting

children and youth living with disability, medical complexity, illness and injury.

Holland Bloorview is a top 40 Canadian research hospital that is fully affiliated with the University of Toronto and serves over 7,500 families annually. Providing both inpatient and outpatient services, Holland Bloorview is renowned for its expertise in partnering with clients and families to provide exceptional care and is the only organization to ever achieve 100 percent in two successive quality surveys by Accreditation Canada.

Holland Bloorview is a founding member of Kids Health Alliance, a network of partners working to create a high quality, consistent and coordinated approach to pediatric health care that is centred around children, youth and their families.

### Holland Bloorview Kids Rehabilitation Hospital

150 Kilgour Road, Toronto, ON M4G 1R8

Tel: 416-425-6220 Toll-Free: 1-800-363-2440

Fax: 416-425-6591 E-mail:

info@hollandbloorview.ca



# Virtual Workshops and Events for Families

November 2020 – January 2021



## ONLINE FAMILY RESOURCE CENTRE



Holland Bloorview's Grocery Foundation Family Resource Centre is a place where you can find information and resources on childhood disability that are helpful to you and your family.

For information on parenting, education, fun things to do, respite care, funding and more: [www.hollandbloorview.ca/resourcecentre](http://www.hollandbloorview.ca/resourcecentre)

If you are looking for COVID-19 or Coronavirus resources, please scan the QR code below:



or go to [www.hollandbloorview.ca/covid-19](http://www.hollandbloorview.ca/covid-19)

For resource consultations, please email [resourcecentre@hollandbloorview.ca](mailto:resourcecentre@hollandbloorview.ca)

REVISED NOVEMBER 2020


**Holland Bloorview**  
Kids Rehabilitation Hospital




Many events in this brochure are generously supported by donors and the Holland Bloorview Foundation.

## VIRTUAL WORKSHOPS & EVENTS FOR FAMILIES

### NOVEMBER 2020

 **Paperwork Party – Part 1:**  
Funding Overview and Q&A  
Tuesday, November 10, 10 - 11:00am  
OR  
Tuesday, November 17, 7 - 8:00pm  
Register [Here](#)

 **Paperwork Party – Part 2:**  
Support with Completing Funding Applications  
Thursday, Nov 19, 10 - 11:30am  
OR  
Tuesday, Nov 24, 7 - 8:30pm  
\*Participants are encouraged to attend Part 1 before attending Part 2 in order to maximize the benefits of the session.  
Register [Here](#)  
For more information contact Stephanie Moynagh [smoynagh@hollandbloorview.ca](mailto:smoynagh@hollandbloorview.ca) 416-425-6220 ext. 6146


 **Sibling Support:**  
Thursday November 19, Time TBD  
For more information contact Victoria Rombos [siblingsupport@hollandbloorview.ca](mailto:siblingsupport@hollandbloorview.ca)


 **Solution-Focused Communication: Part 1 - Fundamentals**  
Saturday, November 28, 9:00am - 12pm  
For more information contact Elaine Cook [ecook@hollandbloorview.ca](mailto:ecook@hollandbloorview.ca) 416-425-6220 ext. 3848

**Workshop - Headed to College or University? Post-Secondary Planning Workshop for Youth with Disabilities.** Transitions, Recreation and Life Skills. Saturday, November 28, 1 - 3pm  
Register [Here](#) or contact Mathias Castaldo at [mcastaldo@hollandbloorview.ca](mailto:mcastaldo@hollandbloorview.ca)


### DECEMBER 2020

**Event - Autism Insights: Research Innovations, Strategies and the Lived Experience.** Holland Bloorview's Autism Programs Virtual Summit.  
December 1 - 5, 2020 (five day event)  
Register [Here](#)

 **Parent Support Network:**  
Virtual Learning and Advocacy  
Wednesday, December 2, 4 - 5:00 pm  
For more information contact Stephanie Moynagh [smoynagh@hollandbloorview.ca](mailto:smoynagh@hollandbloorview.ca) 416-425-6220 ext. 6146


 **Solution Focused Communication: Part 2 Enhanced - Reframing**  
Monday, December 7, 6:30 - 8:30pm  
\*Please note that you must attend a Fundamentals (Part 1) workshop before attending an Enhanced Workshop  
For more information contact Elaine Cook [ecook@hollandbloorview.ca](mailto:ecook@hollandbloorview.ca) 416-425-6220 ext. 3848


 **Family Workshop:**  
Common Legal Questions about Transition-to-Adulthood with PBO Lawyer Hannah Lee  
Wednesday, December 9, 12pm - 1pm  
For more information contact Stephanie Moynagh [smoynagh@hollandbloorview.ca](mailto:smoynagh@hollandbloorview.ca) 416-425-6220 ext. 6146


 **Paperwork Party Pop-up Q&A**  
Monday, December 14, 1:00-2:00pm  
Support with Completing Funding Applications  
\*Participants are encouraged to watch Paperwork Party Part 1 Webinar prior to attending in order to maximize the benefits of the session. For more information contact Stephanie Moynagh [smoynagh@hollandbloorview.ca](mailto:smoynagh@hollandbloorview.ca) 416-425-6220 ext. 6146


 **Sibling Support:**  
Thursday December 17, Time TBD  
For more information contact Victoria Rombos [siblingsupport@hollandbloorview.ca](mailto:siblingsupport@hollandbloorview.ca)


### JANUARY 2021

 **Parent Support Network:**  
Supporting Social Skills Online  
Wednesday November January 6, 4 - 5:00 pm  
For more information contact Stephanie Moynagh [smoynagh@hollandbloorview.ca](mailto:smoynagh@hollandbloorview.ca) 416-425-6220 ext. 6146


 **Solution-Focused Communication: Part 2 Enhanced – Self-Care**  
Monday, January 11, 6:30 - 8:30pm  
\*Please note that you must attend Fundamentals (Part 1) workshop before attending an Enhanced Workshop  
For more information contact Elaine Cook [ecook@hollandbloorview.ca](mailto:ecook@hollandbloorview.ca) 416-425-6220 ext. 3848

 **Family Workshop:**  
Navigating the School System: Registration and Special Education  
Monday, January 18, 7 - 8:00 pm  
For more information contact Stephanie Moynagh [smoynagh@hollandbloorview.ca](mailto:smoynagh@hollandbloorview.ca) 416-425-6220 ext. 6146

 **Sibling Support:**  
Thursday January 21, Time TBD  
For more information contact Victoria Rombos [siblingsupport@hollandbloorview.ca](mailto:siblingsupport@hollandbloorview.ca)

 **Paperwork Party**  
Support with Completing Funding Applications  
Tuesday, January 26, 7- 8:30pm  
\*Participants are encouraged to watch Paperwork Party Part 1 Webinar prior to attending in order to maximize the benefits of the session. For more information contact Stephanie Moynagh [smoynagh@hollandbloorview.ca](mailto:smoynagh@hollandbloorview.ca) 416-425-6220 ext. 6146

**Workshop - Understanding Motor Learning Challenges in Children and Youth – Optimizing Success**  
Child Development Program.  
Thursday, January 26, 7pm - 8:30pm  
For more information or to register, contact Leah Wong at [lwong@hollandbloorview.ca](mailto:lwong@hollandbloorview.ca)

 **Solution-Focused Communication: Part 1 - Fundamentals**  
Saturday, January 30, 9:00am - 12pm  
\*Please note that you must attend a Fundamentals (Part 1) workshop before attending an Enhanced Workshop  
For more information contact Elaine Cook [ecook@hollandbloorview.ca](mailto:ecook@hollandbloorview.ca) 416-425-6220 ext. 3848