

# Participate in Research

## How do youth and young adults deal with life's challenges?



**Principal Investigator:  
Gillian King**

**Centre for Leadership:  
Participation and  
Inclusion**



### **CONTACT INFORMATION:**

### **TO ASK QUESTIONS OR TO SIGN UP, CONTACT**

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Are you a young person, parent/guardian,  
or Service Provider of Holland Bloorview?  
Consider participating in our study.

#### **What is this study about:**

- Resiliency refers to youth and young adults (young people) getting the help they want to do the activities they want to do. It is also about how young people deal with or handle new situations and how they see their future.
- Our goal is to find out what young people, parents/guardians, and service providers think about resiliency.
- You should participate because it may help us know how we can help young people in their lives.

#### **Who can participate?**

The following people from Holland Bloorview:

- Current or former clients aged 12 to 29 **OR**
- Parents/Guardians (any adult family member in a caregiving role) of current or former clients aged 12 to 29 **OR**
- Service Providers who work with clients aged 12 to 29, and have 5 or more years of experience in pediatric rehabilitation

#### **What's involved?**

- You will do one interview with one researcher. It will be about an hour long. This can be in-person/face-to-face, done by webcam using Zoom, or done over the phone.
- The full study will run from 2021 to April 30, 2026.

#### **Potential Benefits?**

- Each participant will receive a token of appreciation.
- This study may help us learn about resiliency directly from families.

#### **Potential Risks?**

- We don't think there are any risks to doing this study.

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