

# Participate in Research Transitions to Adulthood: Is your child ready?



**Principal Investigator:**  
Gillian King

**Centre for Leadership:**  
Participation & Inclusion



**For more details and to fill out the survey, please:**

Use your device camera to scan this code:



**OR** go directly to the address:  
[redcap.link/adulthood](https://redcap.link/adulthood)

**If you have questions, please contact:**

Madhu Pinto  
1-800-363-2440 x3516  
mpinto@hollandbloorview.ca

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Are you the parent of a teen or young adult?  
Consider participating in our online study!

## What is this study about?

- We want to find out what parents/guardians think about their child's readiness for the transition to adulthood.
- Being prepared for the transition to adulthood means having the behaviours, skills, and attitudes necessary to live life as part of your community.
- Youth with disabilities have fewer opportunities to develop these skills and attitudes.

## Who can participate?

- Any **parent or guardian** whose child:
  - Is between the ages of 12 to 25
  - Has received pediatric rehabilitation services and/or transition services in Ontario

## What's involved?

- This study is a one-time, online survey.
- We will ask you about behaviours and skills your child may need in adulthood, and about the healthcare services they have received.
- We will also ask some questions about you, and about your household.
- The survey will take between 10 and 20 minutes and all the information is in English.

## What are the potential benefits?

- You will be entered into a draw to win one of six gift cards.
- This study may help us learn about youth transition readiness directly from families.
- We don't expect there are any risks or harms to being part of this survey study.

**Please share this information with other parents!**