

AAC Access Methods

Direct Selection

User directly points to, touches, or activates words/locations on the AAC system.

Examples:

- Point/touch to screen, book, or board
- Eye tracking
- Pointing devices (e.g., stylus, head pointers, joystick)

Who Might Benefit:

- Those with relatively strong fine motor skills
- Those with sufficient vision
- Those who use indirect selection for access to language at their language level, but benefit from additional AAC supports for quick access to a fixed number of words/messages.

Direct selection is preferred when possible because it is the most efficient.



Touch to screen or book



Eye tracking



Access to robust language and autonomous communication is the ultimate goal. Other than efficiency, direct selection is not inherently better than indirect. It's okay to use a combination of supports or to use indirect selection while you continue to develop direct selecting access skills.