

Admission to Complex Transitional Care At Holland Bloorview

Refer to Holland Bloorview when a child with medical complexity and their family are expected to benefit from rehabilitation enroute to home/ community. Child **must be < 19 years of age** and be on a care pathway that **meets at least one criterion from EACH of the following ...**

Tech. Dep.

- Child has prolonged dependence on medical devices

Medical Fragility

- Acute-on-chronic illness or failure of technology puts the child at immediate or increased medical risk
- Necessitates around-the-clock monitoring for maintenance of medical stability

Complexity

- Family requires support to achieve knowledge, skills and confidence in providing for their child healthcare needs
- Involvement of multiple health care providers in one or several environments

Chronicity

- Child's condition is expected to last for many months

Common Indications for Referral

- Child would benefit from habilitation and rehabilitation &/ or,
- Child & family require teaching/ training RE medical management and rehab &/ or,
- Child & family require support with acclimatization to medical technology &/ or,
- Child & family would benefit from a stepwise re/integrating to home/ community

Requirements for Admission

- Child is medically stable (i.e. first tracheostomy change completed, stable ventilator settings)
- Nursing needs do not exceed a 2:1 ratio
- Monitoring requirements do not exceed continuous HR, O2, RR
- If indicated, IV administration of nutrition/ therapeutics is via central line (PICC & or CVL)

Be Sure to Consider ...

- TPN via CVL can be supported but Home-TPN teaching is not currently available
- Onsite access to diagnostic testing, blood work & select intervention is limited
- Currently no 24/7 on-site physician

To support smooth transitions, further discussion with the team is required when: (A) The discharge destination or disposition to home/ community is unclear, (B) Daily blood work or other frequent diagnostic intervention is required, (C) Child has psychiatric history requiring ongoing treatment and or mental health supports.

Ready to Refer?

Please contact your Transitional Care Coordinator to initiate a referral (see hollandbloorview.ca for Medical Referral Form)

Need Further Discussion?

Consider booking a **Quick Consult** by contacting Holland Bloorview's Transition Coordinator at 416-753-6030 or cruelens@hollandbloorview.ca (Quick Consults Held Every Tuesday 11 –11:15 am)

Holland Bloorview

Kids Rehabilitation Hospital Foundation