

Project title:
Exploring the Experiences of Youth with Concussion and their Families in an Interdisciplinary Team-based assessment

- Team:**
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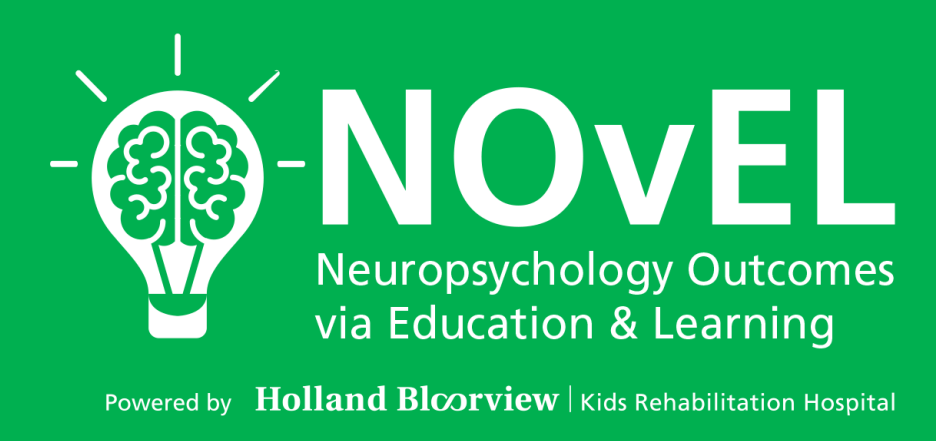
- Background & Rationale:**
- Concussion is a mild traumatic brain injury induced by biomechanical forces.
 - Persistent concussion symptoms (PCS) = physical, cognitive and affective.
 - Access to appropriate and interdisciplinary-based care is essential for individuals with PCS.
 - There are no guidelines regarding how these interdisciplinary services should be organized.
 - The Persistent Concussion Clinic at Holland Bloorview has developed an interdisciplinary team-based assessment for youth with concussion and their families.

- Objective:**
- To describe the key elements of the interdisciplinary team-based assessment from the perspective of youth and guardians

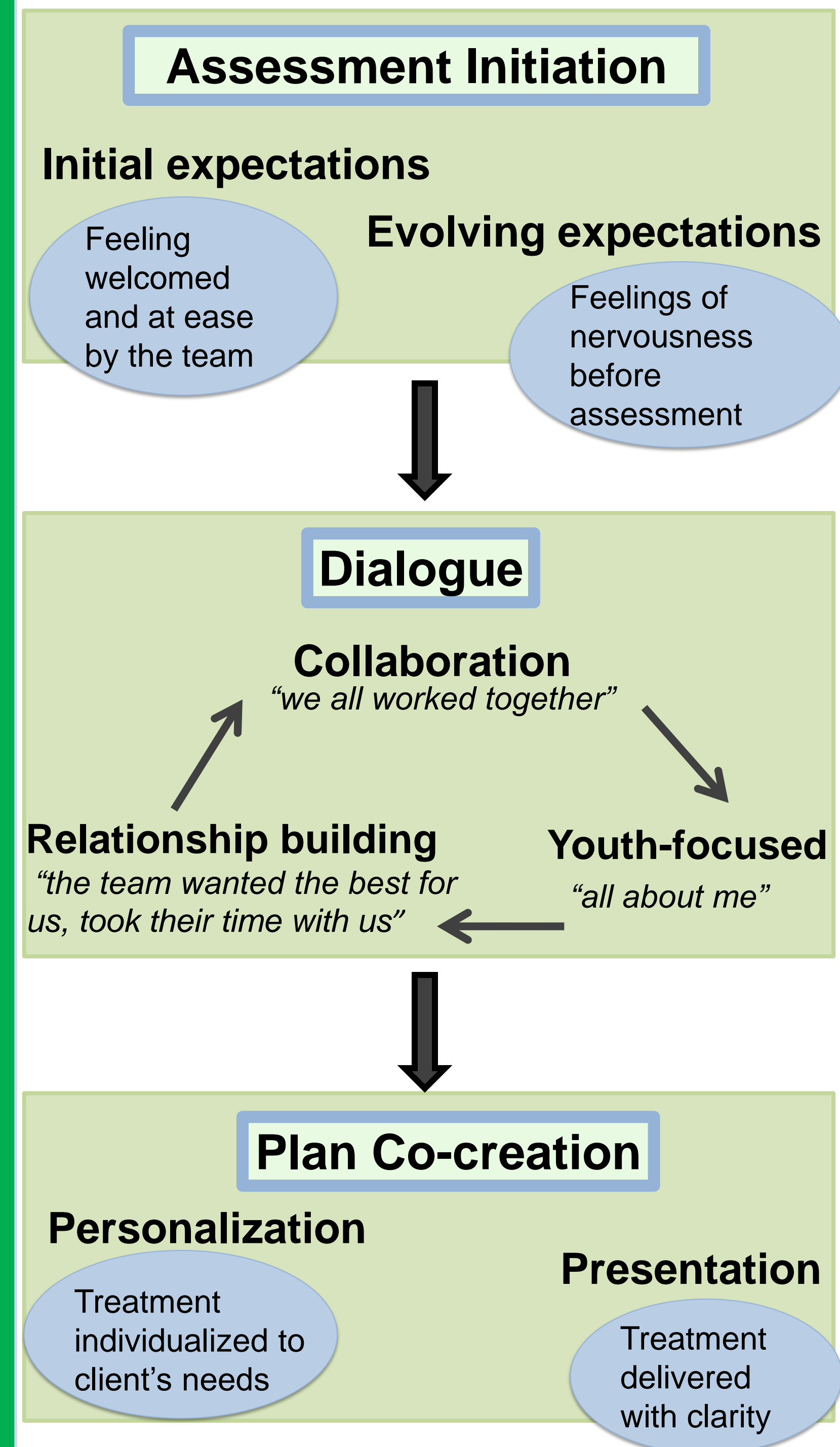
- Methods:**
- A qualitative descriptive study using semi-structured interviews with sample n = 13 [seven youths aged 8-17 years and six guardians].



It is important to involve youth clients and their families as active participants within concussion care



- Results:**
- The conceptual model captures the experiences of clients from start till the conclusion of the assessment process and illustrate salient features:



- Relevance:**
- Conceptual model provides insights on the clients' experience of the team-based assessment.

- Conclusions and Next Steps:**
- Results will help produce recommendations that aid in future protocols of concussion management

