

# The parent perspective: Inclusion and acceptance in the classroom

## Group Exercise

Read the profile and scenario with your group and use the planning guide to adapt the activity.

## Sara

Sara is a 7-year-old girl attending Grade 2 in a public elementary school. Sara is a real foodie and loves to try new things. She enjoys getting her nails done, watching television and reading.

Sara's cognitive and academic skills are above grade level. She is eager to participate in class and enjoys socializing with her peers. Sara has no difficulties with her vision, hearing or speech.

Sara is dependent on trained caregivers for all activities of daily living. She uses a wheelchair to get around and cannot transfer in or out of it on her own. She needs to be fed and taken to the washroom. Sara has a lot of difficulties using her arms and hands. She can hold on to certain objects, but cannot maintain her grasp.

## Scenario

Your class is going on a class trip apple picking. The ground is very uneven and Sara will not be able to use her own hands to pick apples. What is the best way to include Sara in this trip?

