

## CHILDCARE INFORMATION

### Ronald McDonald Playroom Level 1 | 1E130 | Main Level

- Supervised on-site childcare is available for a limited number of children who are 30 months old and over. At this time, children under 30 months old cannot be accommodated in our Playroom or at events.
- Playroom registration opens 2 weeks and 2 days before the date of each event, and closes 48 hours before each event.
- Playroom spaces are confirmed only after an intake call is completed over the phone. Intake is required for every event and unregistered children cannot be accommodated.
- Evening programming is not run as a drop-in service. Families who have not registered are unable to access the service.
- Registration is done on a first come, first served basis.
- The playroom will open 15 minutes before the listed event time.
- Playroom bookings with fewer than 2 families registered may be subject to cancellation.
- For more information and to register contact:

**Playroom Administrator**  
416-425-6220 ext. 3438

## Online Family Resource Centre

For information on parenting, education, fun things to do, respite care, funding and more.



[www.hollandbloorview.ca/resourcecentre](http://www.hollandbloorview.ca/resourcecentre)

## Holland Bloorview Kids Rehabilitation Hospital

Holland Bloorview Kids Rehabilitation Hospital creates a world of possibility by supporting children and youth living with disability, medical complexity, illness and injury.

Holland Bloorview is a top 40 Canadian research hospital that is fully affiliated with the University of Toronto and serves over 7,500 families annually. Providing both inpatient and outpatient services, Holland Bloorview is renowned for its expertise in partnering with clients and families to provide exceptional care and is the only organization to ever achieve 100 percent in two successive quality surveys by Accreditation Canada.

Holland Bloorview is a founding member of Kids Health Alliance, a network of partners working to create a high quality, consistent and coordinated approach to pediatric health care that is centred around children, youth and their families.

**Holland Bloorview Kids Rehabilitation Hospital**  
150 Kilgour Road, Toronto, ON M4G 1R8

Tel: 416-425-6220 Toll-Free: 1-800-363-2440  
Fax: 416-425-6591 E-mail: [info@hollandbloorview.ca](mailto:info@hollandbloorview.ca)



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# Family Workshops and Events

September 2019 – July 2020



## REGISTRATION INFORMATION

- All family events listed in this brochure are **free of charge** and held at **Holland Bloorview Kids Rehabilitation Hospital**.
- **Anyone can attend** these family events; however **parents and caregivers who have children with disabilities have priority**.
- **Limited seating is available**.
- Each event requires an **individual registration in advance**.

For full event descriptions and to registration, please go to:  
[www.hollandbloorview.ca/familyevents](http://www.hollandbloorview.ca/familyevents)

## Sibling Support Program



Holland Bloorview's Sibling Support Program is accessible to all siblings, ages 7-18, who have a sibling with a disability, complex medical needs and/or dual diagnosis.

Families do not need to be clients of Holland Bloorview to attend. It gives siblings the opportunity to relax, unwind, and meet peers who might share lived experiences.

They are held once a month, on the same date and time as the Family Workshops.

For more information, please contact:  
[siblingsupport@hollandbloorview.ca](mailto:siblingsupport@hollandbloorview.ca)

**Holland Bloorview**  
Kids Rehabilitation Hospital



**Many events in this brochure are generously supported by donors and the Holland Bloorview Foundation.**

## CALENDAR OF EVENTS

### FAMILY WORKSHOPS



The Grocery Foundation Family Resource Centre provides educational workshops for clients with a range of disabilities and their families. Anyone in the community is welcome to attend.

### PARENT SUPPORT NETWORK



This is a unique series of daytime and evening events for parents and caregivers to engage in open discussion and provide mutual support. It is created by and for parents, and invites childhood disability experts to be guest speakers. It is open to all caregivers of children and youth living with a disability.

Contact **Meghan Toswell**  
[mtoswell@hollandbloorview.ca](mailto:mtoswell@hollandbloorview.ca)  
416-425-6220 ext. 3106

### PAPERWORK PARTIES



Staff and family volunteers will share tips and resources to help you fill out applications like SSAH, ACSD and more. Paperwork Parties are a great chance to connect with other caregivers and cross something off your to-do list.

Contact **Jean Hammond**  
[jhammond@hollandbloorview.ca](mailto:jhammond@hollandbloorview.ca)  
416-425-6220 ext. 3319

### SOLUTION-FOCUSED COMMUNICATION FOR FAMILIES



A workshop series designed to help parents enhance their communication skills by highlighting their family strengths and resources.

#### FUNDAMENTALS

In the initial workshop, participants will learn the fundamental principles and skills of solution-focused communication.

#### ENHANCED SOLUTIONS

A series of workshops that enhance skills learned in the Fundamentals workshop.

Contact **Elaine Cook**  
[ecook@hollandbloorview.ca](mailto:ecook@hollandbloorview.ca)  
416-425-6220 ext. 3848

## SEPTEMBER 2019

- Paperwork Party**  
Tuesday, September 17, 6:00 - 8:00 pm
- Back to School with Susan Cosgrove**  
Thursday, September 19, 1:00 pm - 2:30 pm
- Solution-Focused Communication: Fundamentals**  
Saturday, September 28, 9:00 – 11:30 am
- Enhanced Solution: Reframing**  
Saturday, September 28, 1:00 - 3:00 pm

## OCTOBER 2019

- Care for the Caregiver with Jean Hammond**  
Thursday, October 3, 6:00 - 8:00 pm
- Paperwork Party**  
Tuesday, October 15, 6:00 - 8:00 pm
- Solution Focused Communication: Fundamentals**  
Saturday, October 26, 9:00 – 11:30 am
- Enhanced Solution: Advocacy**  
Saturday, October 26, 1:00 - 3:00 pm
- Safety in the Community**  
Tuesday, October 29, 6:00 - 8:00 pm

## NOVEMBER 2019

- Sibling Support with Victoria Rombos**  
Thursday, November 7, 6:00 - 8:00 pm
- Paperwork Party**  
Tuesday, November 19, 6:00 - 8:00 pm
- Solution-Focused Communication: Fundamentals**  
Saturday, November 23, 9:00 – 11:30 am
- Enhanced Solution: Conflict Reconciliation**  
Saturday, November 23, 1:00 - 3:00 pm
- Creating Sensory and Play Spaces at Home**  
Tuesday, November 26, 6:00 - 8:00 pm

## DECEMBER 2019

- Education Law and School Advocacy**  
Monday, December 2, 6:00 - 8:00 pm
- Toddler Communications with Dr. Jessica Brian**  
Thursday, December 5, 6:00 - 8:00 pm

## JANUARY 2020

- Recreation, Respite and Life Skills Information Fair**  
Saturday, January 11, 10:00 am - 2:00 pm
- Holiday Tips & Tricks**  
Thursday, January 16, 1:00 - 2:30 pm
- Paperwork Party**  
Tuesday, January 21, 6:00 - 8:00 pm
- Solution Focused Communication: Fundamentals**  
Saturday, January 25, 9:00 – 11:30 am
- Enhanced Solution: Self-Care**  
Saturday, January 25, 1:00 - 3:00 pm

## FEBRUARY 2020

- Care for the Caregiver**  
Monday, February 3, 6:00 - 8:00 pm
- Autism Research Update with Dr. Evdokia Anagnostou**  
Thursday, February 6, 6:00 - 8:00 pm
- Infographics Workshop**  
Tuesday, February 18, 6:00 - 9:00 pm
- Solution Focused Communication: Fundamentals**  
Saturday, February 29, 9:00 – 11:30 am
- Enhanced Solution: Reframing**  
Saturday, February 29, 1:00 - 3:00 pm

## MARCH 2020

- RDSP, Wills and Estates**  
Tuesday, March 3, 6:00 - 8:30pm
- Pathways to Employment with Radha MacCulloch**  
Thursday, March 5, 6:00 - 8:00 pm
- Paperwork Party**  
Tuesday, March 24, 6:00 - 8:00 pm
- Solution Focused Communication: Fundamentals**  
Saturday, March 28, 9:00 – 11:30 am
- Enhanced Solution: Conflict Reconciliation**  
Saturday, March 28, 1:00 - 3:00

## APRIL 2020

- Transitions and Planning for the Future**  
Saturday, April 11, 9:30 -12:00 pm
- Approaches to Picky Eating in ASD with Yulia Khayat**  
Monday, April 2, 6:00 - 8:00 pm
- Paperwork Party**  
Tuesday, April 21, 6:00 - 8:00 pm
- Solution Focused Communication: Fundamentals**  
Saturday, April 25, 9:00 – 11:30 am
- Enhanced Solution: Advocacy**  
Saturday, April 25, 1:00 - 3:00 pm

## MAY 2020

- From Surviving to Thriving with Fabiana Bacchini**  
Thursday, May 7, 6:00 - 8:00 pm
- Siblings and Parents**  
Thursday, May 14, 6:00 - 8:00 pm
- Paperwork Party**  
Tuesday, May 19, 6:00 - 8:00 pm
- Solution Focused Communication: Fundamentals**  
Saturday, May 30, 9:00 – 11:30 am
- Enhanced Solution: Self-Care**  
Saturday, May 30, 1:00 - 3:00 pm

## JUNE 2020

- Advocacy for the Family with Susan Cosgrove**  
Thursday, June 4, 6:00 - 8:00 pm
- Guardianship, Consent and Privacy**  
Monday, June 15, 6:00 - 8:00 pm
- Paperwork Party**  
Tuesday, June 16, 6:00 - 8:00 pm

## JULY 2020

- Summer Fun**  
Thursday, July 16, 1:00 – 2:30 pm

For full event descriptions and to register for an event, please go to: [www.hollandbloorview.ca/familyevents](http://www.hollandbloorview.ca/familyevents)