

**Holland Bloorview Kids  
Rehabilitation Hospital**

# **Neighbourhood Handbook**

*For visiting families*



**Developed in collaboration with Holland Bloorview Reception and  
Client and Family Integrated Care**

Created by Joanna Miedzik in March 2017, and revised by a Family Support  
Specialist in May 2017

# Welcome to Holland Bloorview Kids Rehabilitation Hospital!

This handbook provides general information to help you navigate our neighbourhood during your stay with us!

## **It includes:**

- Banks
- Gas Stations & Auto Repair
- Grocery Stores
- Pharmacies
- Shopping Malls
- Restaurants & Food Delivery
- Religious Organizations
- Accommodations

## ***Please note:***

*The information provided in this handbook is for reference only. It is not intended as a recommendation or endorsement of organizations or businesses, or as a comprehensive resource list.*

*Listings are in alphabetical order.*

*Please note that resources can change quickly. The information in this booklet may not show recent changes or updates made by any particular agency, organization or business. If you notice a need for updating of the information in this document, please contact [resourcecentre@hollandbloorview.ca](mailto:resourcecentre@hollandbloorview.ca).*

# **BANKS**

## **BMO Bank of Montreal**

1670 Bayview Ave

416-488-7298

Hours: Mon-Thurs 9:30am-5pm, Fri 9:30am-6pm, Sat 9:30am-4pm

## **CIBC**

1529 Bayview Ave

416-485-9110

Hours: Mon-Wed 9:30am-5pm, Thurs 9:30am-8pm, Fri 9:30am -7pm, Sat 9am-4pm

## **RBC Royal Bank**

45 Wicksteed Ave

416-425-5225

Hours: Mon-Wed 9:30-6pm, Thurs 9:30-8pm, Fri 9:30-8pm, Sat 9-4pm

## **Scotiabank**

880 Eglinton Ave East

416-696-2115

Hours: Mon-Wed 9:30am-5pm, Thurs 9:30am-8pm, Fri 9:30am-8pm, Sat 9:30am-4pm

## **TD Canada Trust**

89 Vanderhoof Ave

416-425-6360

Hours: Mon-Wed 8am-6pm, Thurs-Fri 8am-8pm, Sat 8am-8pm

## **GAS STATIONS & AUTO REPAIR**

### **ESSO**

843 Don Mills Rd, M3C 1V4

### **ESSO**

1070 Millwood Rd, M4H 1A2

### **LAWRENCE PARK AUTO SERVICES**

2908 Yonge St, M4N 2J7

### **SHELL**

1800 Bayview Ave, M4G 3C6

### **PETRO CANADA**

1896 Eglinton Ave East, M1L 2P9

### **PETRO CANADA**

2908 Yonge St, M4N 2J7



## GROCERY STORES



### **IQBAL HALAL FOODS**

2 Thorncliffe Park Drive #5, M4H  
1G9

416-467-0177

7am-12am

### **LONGO'S**

93 Laird Dr, M4G 3V1

416-421-6806

Mon-Fri 7am-10pm, Sat & Sun  
7am-8pm

### **METRO**

656 Eglinton Ave E, M4P 1P1

416-482-7422

24 Hours

### **SOBEYS**

710 Mount Pleasant Rd, M4S 2N6

416-483-1290

7am-11pm

**SOBEYS**

147 Laird Drive, M4G 4K1

416-423-1644

7am-11pm

**SUMMERHILL MARKET**

1054 Mount Pleasant Rd, M4P 2M4

416-485-4471

Mon to Sat 8am-9pm, Sun  
8am-8pm

**VALU-MART**

1500 Bayview Ave, M4G 3B4

416-486-8294

24 Hours



**WHOLE FOODS**

1860 Bayview Ave, M4G 3E4

416-484-0090

8am-9pm

**PHARMACIES**

**PEOPLES DRUG MART**

491 Lawrence Ave W, M5M 1C7

416-781-5683

Hours: Mon-Thurs 9am-7pm, Fri 9am-6pm, Sat 9am-noon

**REXALL PHARMA PLUS**

660 Eglinton Ave East, M4G 2K2

416-783-8999

Hours: 8am-midnight

**SHOPPERS DRUG MART**



1864 Bayview Ave, M4G 3E4  
416-482-9841  
Hours: 8am-10pm

**SHOPPERS DRUG MART**

1601 Bayview Ave, M4G 3B5  
416-489-1873  
Hours: 8am-midnight

## **SHOPPING MALLS**

**BAYVIEW VILLAGE**

2901 Bayview Ave, M2K 1E6 | Hours: Mon-Fri 10am-9pm, Sat 9:30am-6pm,  
Sun 12-5pm

**EAST YORK TOWN CENTRE**

45 Overlea Blvd, M4H 1C2 | Hours: Mon-Fri 10am-9pm, Sat 9:30am-6pm, Sun  
12pm-5pm

**EATON CENTRE**

220 Yonge St, M5B 2H1 | Hours: Mon-Fri 10am-9:30pm, Sat 9:30am-9:30pm,  
Sun 10am-7pm

**EGLINTON SQUARE SHOPPING CENTRE**

20 Eglinton Square, M1L 2K1 | Hours: Mon-Fri 10am-9pm, Sat 9:30am-6pm,  
Sun 12-5pm

**FAIRVIEW MALL**

1800 Sheppard Ave E, M2J 5A7 | Hours: Mon-Fri 10am-9pm, Sat  
9:30am-9pm, Sun 11am-7pm

**MARSHALLS at LAWRENCE SQUARE**

700 Lawrence Ave W, M6A 3B4 | Hours: Mon-Fri 10am-9pm, Sat 10am-6pm,  
Sun 12-5pm

**SHOPS AT DON MILLS**

1090 Don Mills Rd, M3C 3R6 | Hours: Mon-Fri 10am-9pm, Sat 9:30am-7pm,  
Sun 11am-6pm

**SMART CENTRES**

147 Laird Drive, M4G 3V7 | Hours: 24 Hrs

**YORKDALE**

3401 Dufferin St, M6A 2T9 | Hours: Mon-Fri 10am-9pm, Sat 9:30am-9pm,  
Sun 11am-7pm



**RESTAURANTS & FOOD DELIVERY**

**AMAYA EXPRESS**

1574 BAYVIEW AVE, M4S 1T3  
416-322-0020  
MON-SUN 11:30-10PM

**GENGHIS KHAN MONGOLIAN GRILL**

900 DON MILLS RD #2, M3C 1V6  
416-449-8228  
LUNCH 11:30-3PM, DINNER 5-9:30PM

**GOLDEN GRIDDLE**

146 LAIRD DR, M4G 3V7  
416-429-6422  
6:30AM-10PM (BUFFET WEEKEND BREAKFAST)

**LEMONGRASS**

1630 BAYVIEW AVE, M4G 3B7  
416-322-8202  
MON-FRI 11-10PM

**MEXICO LINDO**

1618 BAYVIEW AVE, M4S 1T3  
647-436-4340  
MON-SAT 11-9

**ROLLIAN SUSHI JAPANESE RESTAURANT**

660 EGLINTON AVE E, M4G 2K2  
416-489-4303  
MON-SAT 11-11PM, SUN 12-10PM



## **RESTAURANTS & FOOD DELIVERY**

**OLDE YORKE FISH & CHIPS**

96 LAIRD DR, M4G 3V2  
416-696-9670  
11-9PM



### **SORENTO RESTAURANT**

900 DON MILLS RD, M3C 1V6  
416-447-3590  
MON-SUN 11-10PM

### **SWISS CHALET**

SUNNYBROOK HOSPITAL, 2075 BAYVIEW AVE, M4N 3M5  
MON-SAT 11:30-10PM, SUN 11-9:30PM

### **VERDI RESTAURANT**

1566 BAYVIEW AVE, M4G 3B7  
416-440-0452 Mon-Fri 11-3 & 5-11

**Do you need to know if these restaurants are accessible? Check out [Access Now](#), which is an [online interactive map](#) and an [app](#) that can tell you if a place is accessible or not.**

- <http://accessnow.me/>

**You can also order food online or through an app!**

- UberEats – [www.ubereats.com](http://www.ubereats.com)
- Foodora – [www.foodora.ca](http://www.foodora.ca)
- JustEat – [www.just-eat.ca](http://www.just-eat.ca)

## **RELIGIOUS ORGANIZATIONS**

### **Beth Sholom Synagogue**

1445 Eglinton Ave West, Toronto, M6C 2E6  
Tel: 416-783-6103 | Wheelchair access available

### **Buddhist Centre Toronto Maharihara**

4698 Kingston Road, Scarborough, M1E 2P9  
Tel: 416- 208-9276 | Wheelchair access available

**Central Mosque**

3667 Lawrence Ave East, Toronto, M1G 1P7  
Tel: 416-439-3737 | Limited wheelchair access, please call to inquire

**Congregation Melech Yisrael**

272 Raneer Ave, North York, M6A 1N6  
416-785-7612 | No wheelchair access

**Evangelical Presbyterian Church**

593 Sheppard Ave East, Toronto, M2K 1B4  
Tel: 416-222-4131 | No wheelchair access

**Glenview Presbyterian Church**

1 Glenview Ave, Toronto, M4R 1P5  
Tel: 416-488-1156 | No wheelchair access

**Greek Orthodox All Saints Church**

3125 Bayview Ave, Toronto, M2K 1G2  
Tel: 416-221-4611 | Wheelchair access available

**Hindu Temple**

1510 Birchmount Rd, Scarborough, M1P 2G6  
Tel: 416-615-0100 | Limited wheelchair access, please call in advance

**Holy Spirit Roman Catholic Church**

3526 Sheppard Ave East, Toronto, M1T 3K7  
Tel: 416-293-7974 | Wheelchair access available

## **RELIGIOUS ORGANIZATIONS**

**Immanuel Toronto Korean United Church**

43 Forest Grove, Toronto, M2K 1Z4  
Tel: 416-968-1800 | No wheelchair access

**Kingdom Hall of Jehovah’s Witnesses**

16 Arrow Road, North York, M9M 2L7  
416-743-0710 | Not wheelchair accessible

**Knox Presbyterian Church**

630 Spadina Ave, Toronto, M5S 2H4  
Tel: 416-921-8993 | Wheelchair access available

**Leaside United Church**

822 Millwood Rd, Toronto, M4G 1W4  
Tel: 416-425-1253 | Wheelchair access available

**North York Sikh Temple**

2400 Finch Ave West, Toronto, M9M 2C8  
Tel: 416-741-5029 | Limited wheelchair access

**Northlea United Church**

125 Brentcliffe Rd, Toronto, M4G 3Y7  
Tel: 416-425-5252 | Wheelchair access available

**St. Anslem’s Parish (Catholic)**

1 MacNaughton Rd, Toronto, M4G 3H3  
Tel: 416-485-1792 | Wheelchair access available

**St. Cuthbert’s Anglican Church**

1399 Bayview Ave, Toronto, M4G 3A6  
Tel: 416 485-0329 | Wheelchair access available

**Zoroastrian Society of Ontario**

3590 Bayview Ave, Toronto, M2M 3S6  
416-225-7771 | Wheelchair access available

## ACCOMMODATIONS



**Best Western Roehampton Hotel & Suites**

**Phone:** 416-487-5101

**Location:** 808 Mount Pleasant Road (Mt. Pleasant & Eglinton)

**The Courtyard Marriot**

**Phone:** 416-924-0611/1-800-847-5075

**Location:** 475 Yonge Street (Yonge & Wood)

**Toronto Don Valley Hotel**

**Phone:** 416-449-4111

**Location:** 175 Wynford Drive (Eglinton & Don Valley Parkway)

**Toronto Marriott Bloor Yorkville Hotel**

**Phone:** 416-961-8000

**Location:** 90 Bloor Street East (Downtown Toronto)

**Westin Prince Hotel**

**Phone:** 416-444-2511

**Location:** 900 York Mills Road (York Mills & Don Mills)