

Participate in Research

KneuroKnits: Evaluating social participation and anxiety response associated with participation in a knitting group for youth with neurological conditions (ASD teen pilot)



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TO ASK QUESTIONS OR TO SIGN UP, CONTACT

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Date Posted:

Version Date: October 11, 2017

Are you a youth with ASD interested in learning a new skill and interacting with other teens with ASD? Participate in our *KneuroKnits* knitting program

What is this study about?

The study will look to understand the social participation and anxiety responses associated with an 8-week group knitting program for youth with ASD

Who can participate?

We are looking for youth meeting the following criteria:

- Age 14-18
- Have a diagnosis of ASD (but not intellectual disability)
- Can attend a weekly program at Holland Bloorview
- Can understand and follow instructions in English
- Can manipulate regular or adapted knitting materials

What's involved?

- Participate in a weekly knitting group for 8 weeks
- Participate in anxiety measures – 2 additional visits to Holland Bloorview
- Participate in 3 surveys and 1 interview about your experiences

Potential Benefits?

- You will meet new teens
- You will learn knitting, a new skill
- You will help us to make our program as helpful as possible for other youth

Potential Risks?

- Participating in research can make people nervous or uncomfortable, but you can stop at any time
- Knitting needles can be used to harm yourself or others, we will work with participants to make sure this does not happen

REB #: 17-717